



COMMUNITY SECTOR NEWS

AMBER VALLEY CVS EXISTS TO DEVELOP AND BE PART OF
A VIBRANT VOLUNTARY SECTOR

AUTUMN 2011

Derbyshire LINK



The main role of Derbyshire LINK is to help make the care you receive better and to do this we engage with, listen to and involve the diverse and widespread communities within our County. We ensure that your experiences and views are heard by the health and social care providers, helping them to plan and deliver better services that reflect the wishes of local people.

This year has been a busy one for us and we are pleased to share with you on pages 8 & 9 a flavour of the work we have been involved with.

If you are interested in the work of Derbyshire LINK there are several different ways to participate. Just give us a call on 01773 512076 and find out how you too can get involved.

Inside this issue:

Funding	2,3
Training	4,5
Volunteering	6
Derbyshire LINK	8, 9, 10, 11, 12, 13, 14
Member News	10,15
Health and Social Care Information	16,17
Community and Marketing	18
Help at Home	19



Derbyshire Community Hospital Patient Experience Questionnaire

Have you had experience of staying in a Community Hospital or caring for someone who has stayed in a Community Hospital in the last 6 months?

If so Derbyshire LINK, in conjunction with DCHS (Derbyshire Community Health Services), would like to find out about your experience.

Please detach and complete the questionnaire found in the centre pages of this newsletter and return using the FREEPOST address found at the end of the questionnaire.

CIRCULATION LIST (Please tick)

CHAIR	[]
MANAGER	[]
TREASURER	[]
SECRETARY	[]
.....	[]
.....	[]
.....	[]

FUNDING

Funding success for Amber Valley groups



Angela

Congratulations to Amber Valley voluntary and community groups on your successful funding applications throughout last year.



Name of Group	Funding Body	Amount	Project Awarded
Belper Community Football Club	Firm Foundation	£2500	For hire of hall and coaching costs for disabled.
Salcare	Firm Foundation	£4950	To fund costs for one years benefit sessions.
Heage Parkside Allotment	DCF General Fund	£500	To complete path around allotment.
Greenhillocks	DCF General Fund	£1000	Towards running costs.
Heanor Operatic Society	DCF General Fund	£580	Towards musical show for younger children.
Horsley Ladies Group	DCF General Fund	£200	Towards hall rental.
Ripley Tennis Club	Amber Valley Sports 4 All	£5000	Towards coaching for children.
Florence Nightingale Hall	Amber Valley Awards 4 All	£1700	Towards running costs.

Village SOS

The UK-wide **Village SOS Active** campaign, **launched by the Big Lottery Fund (BIG)** includes a **£5m** funding pot, that aims to inspire and equip people in rural communities to tackle local problems and help revive their local area. They might restore and take over the local pub, create local food businesses or arts and heritage facilities, to attract visitors, create employment and rejuvenate their villages.



Mick McGrath, Big Lottery Fund Head of Region for the East Midlands said: "Every year hundreds of local amenities such as shops and pubs close down in rural areas. The effects of this, along with limited transport options, rural isolation and lack of employment opportunities for young people, can all strike at the heart of village life."

Villagesos.org.uk will direct people to the best source of funding for their community business, including more details about the Village SOS Active competition. The competition has £5m Lottery funding in awards of £10,000-£30,000 for the brightest ideas for new community enterprises that will make a lasting difference in rural communities with a population of less than 3,000.

Full details of the Big Lottery Fund programmes and grant awards are available on the website:
www.biglotteryfund.org.uk

Follow [@BigLotteryFund](https://twitter.com/BigLotteryFund) #BIGIf and [@VillageSOS](https://twitter.com/VillageSOS), #VillageSOS

FUNDING

Community Action Grant

Are you a group with a great idea to improve your local community? Do you need a small amount of money to make it happen?

Derbyshire County Council is offering Community Action Grants of up to £1000 to help small groups run projects that improve life in their local community.

The grants will help local people take action to shape the future of their neighbourhood. People who live and work in local communities have valuable local knowledge and know best what will make a difference in their area.

Community organisations can make a small amount of money go a long way. We know that a small grants fund is an effective way to help local people come together to improve their local area.

Groups from across Derbyshire are invited to apply for a Community Action Grant.

Who can apply?

Groups from all parts of Derbyshire are welcome to apply including:

- Charities
- Community and voluntary groups
- Sports clubs
- Social enterprises

Groups must be formally constituted. This means you must have a bank account with at least two independent signatories as well as a governing document/list of governing members and a set of rules.

If you are a group of people coming together for the first time to apply for a grant, you need to set up a constituted group. You can get help to do this from your local Council for Voluntary Services (CVS).

How to apply

You must apply using the Community Action Grant application form.

- For an electronic application form go to www.derbyshire.gov.uk/cag
- For a paper application form visit your local library or telephone Call Derbyshire on 08456 058 058.

Help with your application

You can contact your local CVS for advice on filling in the application form or setting up a constituted group.

**Your Local CVS is Amber Valley CVS, 33 Market Place, Ripley, DE5 3HA
01773 512076 - www.avcvs.org**

TRAINING

Amber Valley CVS Training Team



Angela Quinn and Jo Glossop make up the training team at Amber Valley CVS. Both Angela and Jo are fully qualified trainers with the ability to deliver both accredited and non-accredited training. They are also registered with the Institute for Learning.

The training team are able to write bespoke training that is tailored to the needs of specific groups as well as generic training. If you have a training enquiry please contact either Angela or Jo who will be happy to help. They can be contacted on 01773 512076 or by e-mailing angelaquinn@avcvs.org or joglossop@avcvs.org

Training Opportunities

Introduction to Minute Taking Skills – September 21st 2011 – 9.30am to 12.30pm at AVCVS.

This training is £10 for members of AVCVS and £15 for non members.

By attending this session you will learn how to use a variety of techniques to enable you to produce an accurate record of any meeting where minutes are required. You will look at what to include and what not to include in the minutes you take.



Feedback from last course includes:

- Very helpful tips and informative
- Very useful and worthwhile
- It will give me a greater understanding of what is required for the minutes of all meetings so that I can check nothing has been omitted – the tutor is very clear in her explanations

Safeguarding Vulnerable Adults – October 4th 2011 – 9.30am to 4pm at AVCVS.

This training is £10 for members of AVCVS and £15 for non members. Lunch is not provided.

Does your group have or work with vulnerable adults? This one-day session will give you all the relevant information you need to know. It will provide information on Derbyshire's Multi-agency definition of vulnerable adults and the categories of abuse covered within Derbyshire's agreed policies and procedures.

Feedback from previous courses include:

- Well worthwhile
- Tutor was very good
- Relaxed – important update – keeps things fresh in everyone's mind

If you would like to book on any of the above training sessions please contact Jo Glossop on 01773 512076 or email joglossop@avcvs.org
Please feel free to contact us if you wish to discuss any details of the AVCVS training programme e.g. costs, venues, times etc.



Jo
Glossop

TRAINING

Training Opportunities



Book Keeping – Date to be confirmed – 9.30am to 12.30pm at AVCVS.

This training is **free** and is provided by Derby Community Accountancy Service.

This session will help you to organise the finances of your group and keep simple accurate accounts and records. Let us know if you would like a place as soon as possible as this course fills up very quickly.

Funding and Making Applications – November 22nd – 1pm to 4pm at AVCVS.

This training is £10 for members of AVCVS and £15 for non members.



This session will help you identify potential sources of funding as well as looking at application forms, the skills required for fundraising, the criteria of different funders and how to complete an application form.

Feedback from previous courses include:

- Very helpful in setting information specifically to our projects – very instructive
- Fantastic, very useful and inspiring – helped me to progress to the next level of my work
- I feel I gained a lot of insight into funding – altogether really well executed
- Inspired to get some funding applications in.

Committee Skills – December 5th 2011 – 1pm to 4pm at AVCVS. This training is £10 for members of AVCVS and £15 for non members.



The session will help you to update the skills you need to run an efficient and effective management committee for your group. It will look at the roles and responsibilities of committee members and the essential things you need to know. This course is ideal for both existing and new committee members.

Feedback from previous courses include:

- It will help run the group better – in a more professional way
- Enjoyed it

If you would like to book on any of the above training sessions please contact Jo Glossop on 01773 512076 or email joglossop@avcvs.org

Please feel free to contact us if you wish to discuss any details of the AVCVS training programme e.g. costs, venues, times etc.

VOLUNTEERING

Update from Elaine Broadhurst

There were 36 volunteers placed during April to June 2011 in roles including Befrienders, Caseworkers, Credit Union Volunteers, Listening Volunteers, Events Helpers, Retail Assistants, Visitors to Residential Homes, Victim Support Volunteers, Drivers and Mother and Toddler Group Helpers.



Elaine

New Opportunities

New opportunities include: Mentors, Walk Leaders, Gardeners, Kids Camp's Cooks, Events Volunteers, Till Operators, Stock Processors and a Leaflet Distributor for an Ethical Investment Co-operative.



Urgently needing volunteers

Volunteer Press Officer - Heanor Swimming Club

This active voluntary group teaches Swimming and Life-saving skills to youngsters over 5 years of age.

We are seeking a Press Officer to help prepare and submit a draft copy of reports, Life-saving competitions and events to publicise and celebrate successes and achievements of club members.

A skills knowledge of Life-saving is not important - merely the time and skills to prepare a short summary article and photos for the press.

Retail Opportunities

There are a number of charity Retail outlets looking to step up their profiles by engaging more volunteers and providing a more diverse range of roles. Come and help them – it's not all till work but if you are confident there are a variety of roles to suit.

Derbyshire LINK

LINK Champions training is set up for September 19th - 1pm to 4pm at the AVCVS offices.

If you want to make a contribution to your community by attending meetings about health services provision and feeding the information back to LINK, then speak to us at the Volunteer Centre **as soon as possible**.

For further information please contact Elaine Broadhurst on 01773 512076.

VCI PASSPORT SCHEME

VCI (Voluntary Community Independent) Passport Scheme



The VCI Passport scheme is aimed towards volunteers who are working or thinking of working with children and younger people. i.e. children's centre, sports clubs etc.,

FREE Quality Standard Training for Volunteers in the Amber Valley Area.

All you need to do to receive your passport is:

Complete the following.....

- 5 x ½ day training sessions
- Safeguarding
- Health & Safety
- First Aid Introduction
- Involving and Consulting Children & Young People
- Equal Opportunities

Sample VCI Passport



“Volunteers are important! They make up a large part of the VCI children and young people’s workforce and they deserve to receive the support that they need to help them continue to develop their skills, knowledge and abilities so that they can improve the service they give to children and young people”. Mandy Mangold. SNAP Development Project

Following completion of the requirements, the volunteer will be awarded with a certificate and a badge which allows him/her to identify themselves as an accredited volunteer for Derbyshire’s Children’s Trust. Badges will not be issued until we have proof of a current CRB check.

For more information please contact Jo Glossop at Amber Valley CVS on 01773 512076 or Matt Ford on 07917053400

DERBYSHIRE LINK

Annual Report



Derbyshire LINK

We are pleased to bring you up to date with some of the outcomes we have achieved for the year April 2010 – March 2011. Our aim is to provide information to health and social care service providers which has been gathered from members of the public to identify how services can be improved.

Some of our successes are detailed below:-

- Following engagement work with a district branch of Parkinson's UK, it became apparent that the group had concerns predominantly about carers. LINK arranged for two Commissioners to address the group about their specific concerns.

Consequently, the group reported that they found the presentations '*most interesting and informative*' and felt that they had definitely gained more understanding about the services available for carers. The presentations additionally provided the group with an overview into the constraints and challenges that the services themselves are working within.

- In February 2011, an issue was raised by a patient concerning the privacy/confidentiality of patients accessing a particular Ilkeston GP surgery. The problem being that when a particular door within the practice was left open, conversations between the GP and patients could be overheard in the waiting room.

The concern was communicated to the surgery who internally investigated this immediately. The door in question was apparently left open by patients themselves and consequently the surgery advised LINK that, as a direct result of them being alerted to the issue,

they fixed a spring loaded mechanism to the door to allow automatic closing.

- In March 2011 we formally wrote to the Chief Executive of cross border provider, Nottingham University Hospital Trust, to voice the concerns of a Derbyshire group who had heard rumours about the possible relocation of a Movement Disorder Clinic which they access. They were concerned that they had received little to no information about this change.

A prompt and compassionate response was received from the Chief Executive of the Trust advising that the current building housing the clinic was to be demolished as the structure was no longer fit for purpose and a new site had been identified. Assurances were given that the new site would provide better, all round quality of patients' experience and that patients would be fully involved in the design of the new service.

- Issues were collated from a Derbyshire 50+ group concerning the opening hours and dispensing element of Rosliston and Stapenhill Medical Centres.

By working with the Manager and staff at the surgery, LINK arranged to place an article in our newsletter requesting that if anyone registered with the practice has concerns they should contact Derbyshire LINK. These concerns will be fed directly back to the Practice Manager who has stated that he is more than happy to publicly address any patients' concerns.

- A surgery in North East Derbyshire which became part of the Staffa Group decided to canvas its patients to gain an insight into how the surgery was performing and asked LINK for help with this. Consequently, a questionnaire was made available to all patients for a period of two months focusing on the patients' experience.

DERBYSHIRE LINK

Annual Report



A LINK team member presented the findings from the completed questionnaires to a meeting with the surgery's Patient Participation Group and surgery staff, including the GPs and nurses.

In general the comments were very positive reporting a high level of patient satisfaction. The surgery requested that the questionnaire be rolled out to other County surgeries within the Staffa Group.

- LINK attended a forum for the homeless and rootless people at the Pathways Day Centre in Chesterfield. Concerns were raised by attendees around the triage system operated by many GPs, especially where GPs call patients back. In many cases the homeless/rootless don't have a base for the receiving of calls.

Consequently, LINK informed the group as to the local surgeries who offer open appointments. Additionally LINK informed the group about how the Out of Hours service operates, as this was another area where attendees felt they did not have sufficient information.

- A Derbyshire group with a long term condition had contacted LINK to clarify confusion around the response criteria, especially where falls are concerned, from East Midland Ambulance Service (EMAS).

LINK contacted EMAS who released details clarifying their policy regarding responses to 999 calls. LINK passed this information on to the group concerned and also arranged for the details to be published in the forthcoming LINK newsletter.

LINK have also arranged for a

representative to visit the group to specifically discuss this protocol with EMAS.

- In March 2011, LINK forwarded comments collated to the Practice Manager of The Surgery at Wheatbridge, Chesterfield. Such comments included the need for the provision of a translation/interpretation service.

As a direct result of these comments posters are now being displayed in the surgery advising patients to enquire if such services are required.

Our Annual Report was submitted on time, at the end of June, to the Department of Health and subsequently circulated to other relevant health and social care bodies.

A full copy of the report covering the period April 2010 – March 2011 is published on our web site – www.derbyshirelink.org.uk.

Alternatively, if you would like a hard copy please telephone Derbyshire LINK on 01246 558924 with your request.

For more information

Contact Derbyshire LINK: Tel: 01246 558924

Email: info@derbyshirelink.org.uk

Web: www.derbyshirelink.org.uk

We can also be found on Facebook!
<http://www.facebook.com/derbyshire.link>

MEMBER NEWS

Wool Appeal



The Knitting Club at the Bridge Centre in Langley Mill are appealing for wool for their group - the wool can be dropped off at the Bridge Centre reception. The group meet on a Wednesday in the Café.

Belper Self-Help Group (Depression & Anxiety)

Belper Self Help Group are now in their 10th year of meeting at “The Cottage Project”, Chapel Street, Belper.

Meetings are held on the first and third Thursday of every month between 7 - 9pm.

The group aims to provide mutual support, encouragement and reassurance in an informal and friendly setting to anyone in the Belper/Amber Valley area who is affected by anxiety, depression and related issues.

They aim to be supportive and offer empathy, but are not counsellors or professional. Whilst they do not offer “Therapy” or operate from any particular viewpoint, they can give anyone the chance to talk, to listen and to share how they feel and what “works” for them.

Family, Friends, Parents and Carers are welcome. Tea and biscuits are provided, with a £1.00 donation towards the running costs.

Please contact Clare on 01773 822353 or Matt on 01773 824548 for a leaflet or more details.

Belper Self Help Group would like to thank Amber Valley CVS for all their help and support and look forward to continuing to work together.

Volunteer Community Communicator

Do you live in Langley Mill or Aldercar?

We need volunteers from your area

Do you have an interest in promoting community activity and the circulation of information to Aldercar and Langley Mill?



Being a Community Communicator you will act as a trusted contact and go-between for your neighbours, neighbourhoods, parish council, and other statutory agencies.

Training and support provided.

For full details please contact Jo Glossop on 01773 512076 or email joglossop@avcvs.org

DERBYSHIRE LINK

Derbyshire Community Hospital Patient Experience Questionnaire



Derbyshire Community Health Services 
NHS Trust

CLOSING DATE 31 OCTOBER 2011

Please complete if you have had experience of a Community Hospital in the last 6 months.

Please detach and complete this questionnaire and return using the FREEPOST address found on page 14.

1. Are You... The patient The patient's relative The patient's carer

2. Which Community Hospital did the patient stay in?

3. Which ward did the patient stay in?

4. Was the patient transferred to the Community Hospital after a stay at another hospital?

Yes No (please go to question 7)

5. If 'yes' which hospital was the patient transferred from?

6. How would you rate the transfer process?

Very good Good Neither good nor poor Poor Very poor

DERBYSHIRE LINK

7. On admission to the Community Hospital, were you/the patient given any information, i.e. a booklet regarding ward procedures, visiting times etc?

Yes No Unsure

8. On arrival onto the ward did the staff introduce themselves to you/the patient?

All of the staff members Some of the staff members None of the staff members

The following two questions are to be answered by carers/relatives only.

9. When you first attended the ward as a visitor, were you asked for additional information regarding the patient's ability/personal history that could be relevant to their care whilst in hospital?

Yes No N/A

10. If you telephoned the ward for information regarding the patient's progress, did you find the staff to be:

	All of the time	Most of the time	Some of the time	Hardly ever	Never
Informative?	<input type="checkbox"/>				
Polite?	<input type="checkbox"/>				

All - please continue.

11. If the patient suffers from any long term condition(s) please give details below. If not please go to question 15.

12. Was the long term condition(s) assessed on arrival at the Community Hospital?

Yes No

13. How would you rate the level of care given in relation to specific long term condition(s)?

Very good Good Neither good nor poor Poor Very poor N/A

DERBYSHIRE LINK

14. Were you or the patient given any information/signposted to any support groups relating to the long term condition(s) during your/their stay at the Community Hospital?

Yes No Unsure

15. Was the patient treated with dignity and respect?

All of the time Most of the time Some of the time Hardly ever
Never Unsure

16. Do you feel staff members were approachable?

All of the time Most of the time Some of the time Hardly ever
Never Unsure

17. Do you feel members of staff listened to what you had to say?

All of the time Most of the time Some of the time Hardly ever
Never

18. Do you feel staff members gave you enough time to discuss any concerns?

All of the time Most of the time Some of the time Hardly ever
Never

19. Do you feel you/the patient were/was given enough privacy?

All of the time Most of the time Some of the time Hardly ever
Never

20. Were the patient's dietary needs discussed?

Prior to admission On admission Not discussed at all

21. Did you feel the patients nutritional needs were fully met during their stay at the Community Hospital?

All of the time Most of the time Some of the time Hardly ever
Never

DERBYSHIRE LINK

22. Did the cleanliness of the ward meet your expectations?

All of the time Most of the time Some of the time Hardly ever
Never

23. Were you/the patient given information about any of the following local NHS projects or local organisations? Tick as many that apply.

Exercise or Referral	<input type="checkbox"/>	Smoking Cessation	<input type="checkbox"/>	Walking for Health	<input type="checkbox"/>
Derbyshire Carers	<input type="checkbox"/>	Alzheimer's Society	<input type="checkbox"/>	Sight Support Derbyshire	<input type="checkbox"/>
Deaf & Hearing Support	<input type="checkbox"/>	Unsure	<input type="checkbox"/>	Other	<input type="checkbox"/>

24. If you replied 'other' to question 23, please specify below.

25. While in the Community Hospital was the patient given help and support towards discharge, ie help with using equipment, walking, cooking, going to the toilet or bathing?

Yes No N/A

26. Leading up to the patient's discharge, were you kept fully informed of the discharge planning process?

Yes No N/A

If you have any additional comments please use a separate sheet.

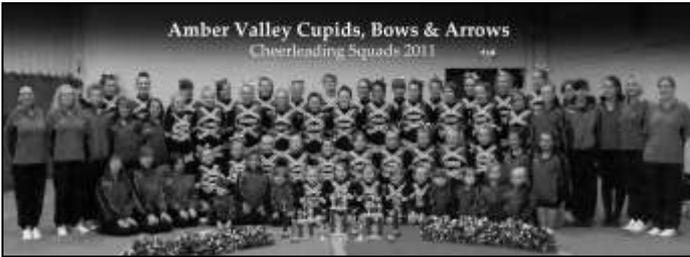
THANK YOU FOR TAKING THE TIME TO COMPLETE THIS QUESTIONNAIRE. YOUR RESPONSE WILL HELP US TO INFORM DERBYSHIRE COMMUNITY HEALTH SERVICES ABOUT PATIENT SATISFACTION AND ANY AREAS REQUIRING IMPROVEMENT.

Please return your completed questionnaire using our FREEPOST address below:

FREEPOST RSBA-HBBA-ASXC
Derbyshire LINK
Office 1, Market Hall
Chesterfield
Derbyshire
S40 1AR

MEMBER NEWS

Amber Valley Arrowetts



The Amber Valley Arrowetts have been running since Sept 2010. They are a voluntary run Cheerleading troupe that has a membership of 56 children from around Amber Valley.

We are based at Alfreton leisure centre on Wednesday nights.

There are three troupes within the Amber Valley Arrowetts. The first is the youth one called the Red Arrows troupe made up of children aged between 5 and 12 yrs old. The second is The Shooting Arrows troupe which is also made up of children aged between 5 and 12 yrs old. The last troupe is The Arrows and is made up of children aged 12 and upwards.

Amber Valley Arrowetts are a competition stunt troupe that enters cheerleading competitions all over the UK. Currently they have entered one competition at Manchester Veladrome and came back with 5 trophies that the troupe are very proud of. They came 1st, 2nd, 3rd, 9th & 11th as seen in the photograph at the top. It wasn't the winning that was important it was the overall experience of taking part in something so big. All the parents also loved the experience. There were 110 of them altogether and they all went as an Amber Valley community.

The next competition will be in Blackpool in December 2011 and the troupes are practising really hard for that competition. The troupes are welcoming new members especially 5 to 12 yrs old.

Amber Valley Arrowetts also have in house show competitions. This is where everybody is invited to come and watch the routines for the competition and also have the cheerleaders show their solos to demonstrate what they have actually learnt.

Amber Valley Arrowetts give out trophies and elect a cheerleader of the year from each troupe. The troupe only consist of two gymnasts and everybody else has trained from scratch and have become fully fledged cheerleaders.

Amber Valley Arrowetts have new members joining every week. When the group started it had 10 members and it has kept growing and gone from strength to strength.

Amber Valley Arrowetts promote wellbeing and before any lessons start they always do a structured workout that all the team members take part in. It is a great exercise routine and the troupe love to do it.

Most of all they have fun.

If you are interested or would like more information please get in touch with coaches Amanda 07813271735 or Ann Marie 07850044910

Would you like to share your news with us?

In 2011 we would like to dedicate a section of our newsletter to hearing about **You**.

Do you have any Good News Stories that you would like to share? Are you currently commemorating any special events? We would love to hear from any of our Member Groups. To include your stories in our next newsletter please email your information to Mandy Rafferty at mandyafferty@avcv.org by Monday 24th October 2011 or call Mandy on 01773 512076.

HEALTH AND SOCIAL CARE INFORMATION

Southern Derbyshire Health and Social Care Forum Update

Derbyshire County Council (DCC) – Fiona Worrall, Service Manager (Community Contracts)

■ **Restructure of Adult Social Care**

Fiona gave an update on the restructure of DCC Adult Social Care which employs 6500 people across the County.

The reorganisation has resulted in a new structure with officers responsible for functional areas, 'fieldwork teams' who assess and support individuals and 'direct care' teams delivering approximately 50% of services with the remaining 50% delivered through either private or voluntary sector providers.

■ **Adult Care Board**

A new 'Adult Care Board' is to be put in place which will report to the Health & Wellbeing (H&W) Board. There has been a great deal of concern amongst Voluntary and Community Sector (VCS) organisations about DCC's decision not to include VCS representation on the H&W Board, as this is where much of the decision making around commissioning services, including overseeing the new GP commissioning arrangements, will lie. Fiona volunteered to find out whether the VCS will be offered a place on the Adult Care Board, or how they could make their voice heard by Adult Care.

■ **First Contact – Cathy Ayrton, Project Coordinator**

Cathy explained about First Contact project which is part of DCC's preventative strategy. The scheme is an easy way to put vulnerable people with low level support needs in touch with a wide range of local services that can help them, by using one point of contact.

The scheme was originally piloted in the High Peak area but has since been rolled out throughout the County. In each area there is a partnership of organisations, including the Police, Fire Service, Health, Local Authority and Voluntary Sector Organisations, whose staff and volunteers have been trained to identify people in need and then complete a quick checklist. This is then returned to Call Derbyshire who subsequently requests for support with the referral which is then passed on to the appropriate organisation.

Cathy explained that the scheme has been very successful in encouraging people to think more widely than their specific job or role. For example, a fire fighter fitting a smoke alarm might recognise that the person they are with is isolated, lonely and living in a cold house. By completing the checklist, with the person's permission, they can put them in touch with the right organisations to address this need through one referral and without the need for several organisations to make individual assessments.

Cathy presented some good examples of the positive outcomes the scheme has had including helping someone to access several thousand pounds of benefits to which they were entitled but which they wouldn't have accessed without the First Contact referral.

For more information about the scheme please contact Call Derbyshire on 08456 058 058 or email Cathy on cathy.ayrton@derbyshire.gov.uk.

**Next Forum Meeting
Monday 19th September 2011
10am to 1.30pm including lunch
Willington Village Hall
Twyford Road, Willington
DE65 6DE**

This information has been supplied by the Connect 4 newsletter.

HEALTH AND SOCIAL CARE INFORMATION

Healthy Lives, Healthy People: Update and Way Forward



On 14 July Health Secretary Andrew Lansley outlined the guiding principles of the new public health system in the 'Healthy Lives, Healthy People: Update and Way Forward' publication. The White Paper Healthy Lives, Healthy People: Our Strategy for Public Health in England was published on 30 November 2010 and set out a vision for a reformed public health service in England.

The policy statement issued on 14 July sets out the progress the government has made in developing that vision and identifies those issues where further development is needed, together with a timeline for this work. It provides further detail to enable local authorities to further develop public health plans in their area and follows the 3 month consultation period on the Government's plans for a reformed public health system.

The publication provides further detail to enable local authorities to develop public health system, including:

- clarifying the new leadership role for local authorities and their directors of public health across health improvement, health protection and population health advice to the NHS;
- **proposals for commissioning public health services;**
- establishing a new integrated public health service, Public Health England, to drive improvements in health and protect against health threats;
- Public Health England will be an executive agency of the Department of Health, to provide greater operational independence within a structure that is clearly accountable to the Health Secretary; and
- Clear principles for emergency preparedness, resilience and response.

It also outlines a series of Public Health Reform Updates that will be published in the autumn – following engagement with key stakeholders from local government, public health and NHS professionals. These include the:

- Public Health Outcomes Framework
- Operating model for Public Health England
- Public Health in local government and the role of the Director of Public Health
- Public Health funding
- Workforce strategy

This information has been supplied by the Derbyshire CAN Newsletter.

COMMUNITY AND MARKETING DEVELOPMENT WORKER

Update



Mandy

Since my last update I have been out and about in Amber Valley, talking to groups and individuals, standing in local supermarkets and Libraries and getting information into local parish magazines, to make sure that as many people as possible are aware of Amber Valley CVS and all of the services that we provide. If you or your group are looking to find out more about us and how we can help, please do not hesitate to contact me.



I have also successfully completed another Befriending /Home from Hospital Training course in which we have successfully trained another 5 people to join our team of 37 active volunteers. We are very pleased and proud to introduce our newly trained volunteers.

We are always looking for individuals who have time to volunteer as a Befriender it can be a little as one hour per week or whatever fits into your lifestyle. Once you join Amber Valley CVS you become part of our valued team of volunteers and will receive our continued support and guidance. We run a number of drop in sessions where our volunteers can meet each other and get peer support, information and up to date guidance on the scheme as well as a friendly informal chat with the staff or other Befrienders, all of which is aided with tea and cakes.



We run our Befriending training courses throughout the year, during the day and on occasions early evening. The next training courses are:

Tuesday 6th, 13th, 20th & 27th September 2011 - 10am till 12pm

Monday 9th, 16th, 23rd & 30th January 2012 - 1pm till 3pm

Thursday 8th, 15th, 22nd & 29th March 2012 - 5pm till 7pm

Book now to reserve a place or call if you require further information on the training.

If you require any further information regarding the service or about volunteering please contact me on Amber Valley CVS 01773 512076 or email me at mandyafferty@avcvs.org

HELP AT HOME NEWS

Meet Mrs G



Mrs G is 75 and lives in Erewash. In January 2010 she broke a bone in her back and became wheelchair bound for three weeks.

Mrs G explained "I didn't know what to do or who to turn to; I was in agony and not coping well. Sadly my husband had been admitted to hospital so I had very little support".

Around the time of her injury, she read an article in the Ilkeston Express about the Help at Home Service run by the registered charity Amber Valley CVS.

The aim of the service is to enable elderly and disabled people in Amber Valley and Erewash to live independently in their own homes through the support of domestic and gardening help. The domestic and garden workers carry out tasks which many of us have undertaken in the past but are no longer able to do due to age, disability or illness. The Help at Home service is a Trusted Trader and all the workers are paid members of staff, fully trained and CRB checked.

Mrs G contacted the Help at Home Service who arranged for an assessment and started the domestic Help at Home Service with an hour and a half support each week.

Mrs G said "I am extremely house proud and like to have things put away, my priority is to have a clean house so this service is fantastic. Due to my bad back I am no longer able to Hoover, or dust the many plates I have hanging up".

Mrs G's domestic worker visits her once a week and depending on her needs, the jobs can vary from cleaning the kitchen floor, to hoovering top to bottom or dusting around the ornaments. Since October 2010 Mrs G has also become a client of the gardening service.

"My domestic worker is like a friend coming in, it is part of my week to have her here; she is fabulous and works like a Trojan! I have to make her sit down for a break to drink her coffee".

There is a basic charge for the Help at Home service which ensures the work carried out is of a high standard. Payment can be made at the end of the service to the domestic worker via a cheque or cash or alternatively the client can be invoiced for the service.

"I pay for the service by cheque at the end of each session. I think the service is very good value for money and competitive. I like the fact that the Help at Home service employs local people as I feel that I am contributing to the community".

For more information on the Help at Home service or to book an assessment please call 01773 512076. Help at Home operates domestic and gardening support throughout Amber Valley and Erewash.



Derbyshire Children and Young People's Trust

Update

Children and Young People's Trust Board and Local Safeguarding Board Development Day Update:

30 members of the two Boards attended the day and discussed improving governance arrangements, identifying priorities for action, commissioning arrangements and participation of young people and parents. The Trust Board recommended the following-

- Improve communication between the two Boards through an electronic briefing sheet after each Trust Board and Local Safeguarding Children's Board meeting
- Identification of representatives to sit on the joint commissioning group
- Merge the existing Children and Young People's Partnership with the Local Safeguarding Management Team in each locality

For further information contact: Deb Smith, Strategic Partnership Manager on 01629 532064

Youth Engagement Overview

A review of universal youth provision is underway in the county with a pilot project taking shape in Amber Valley. Consultation with providers of youth activities across the partnership, children, young people and their parents will take place to help in the planning and design of future youth provision.

Multi-Agency Teams:

The voluntary, community and independent sector are strengthening their links with local MAT teams and will play a key part of the new locality partnership arrangements. Work is also being undertaken on mapping voluntary services in locality settings.

For further information contact Saira Ali (GRID chair) on 07958 323174 or Jo Smith, 3D Voluntary Sector on 01283 219761

Positive for Youth:

A government consultation process aimed at forming a national policy for youth and youth services. The Board encouraged staff to support young people to contribute to this consultation and have their say on a number of key themes affecting young people including - How can I get a job? How can I live a healthy lifestyle? How do I avoid getting involved with crime?

For further information contact Bish Sharif on 01629 535700

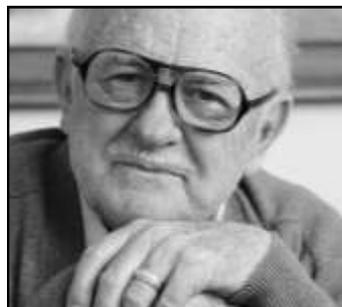
This information has been supplied by the Derbyshire - Children and Young People's Trust - ebriefing sheet.

ADMINISTRATION

Amber Valley CVS CRB Service

Do you need a CRB check

(Criminal Records Bureau)



We offer a quick, efficient and affordable CRB Service to voluntary groups & charitable organisations who work with children and/or vulnerable adults.

A few words from some of our satisfied customers...

“The CRB Clearance service provided by Amber Valley CVS is excellent, the staff are very helpful and the turnaround time from application to clearance is quick and efficient. We utilise Amber Valley CVS for CRB Clearance for both our staff and volunteers”

Joanne Goodison, Business & Administration Manager, Derbyshire Carers Association

“I would describe the CRB Service you provide as very courteous, kind, professional, always helpful and polite. DDREC are very happy with the service you provide and will seek your assistance in the future regarding the CRB. Keep up the good work it is appreciated and your services are valuable to our organisation.”

Harpal Kaur, Derby and Derbyshire Race and Equality Commission

“It has been said many times at Derby Kids Camp committee meetings that the service we have received from Amber Valley CVS staff has always been extremely professional and efficient. As volunteer organiser I have always received swift responses to any queries I have had and know the CRB's are in safe hands when they are with you, this is an important factor for peace of mind to me when needing to process so many volunteers and our charity cannot run without CRB's being in place.”

Michelle Edwards, Derby Kids Camp

For prices and information regarding our CRB Service contact Emma Rodgers
on 01773 512076

LOCAL NEWS & INFORMATION

Derbyshire Police

A tree surgeon, a nurse, a student and a paramedic - what do they have in common?

They are four of the 21 new Special Constables who will be joining Safer Neighbourhood teams across the county after they were sworn in at a ceremony at Derbyshire Constabulary's Ripley headquarters.

This group completed an intensive two-week course in May studying various aspects of policing including crime scenes, road traffic collisions, statement taking and first aid.

Assistant Chief Constable Dee Collins said:

"Each of our new recruits has undertaken rigorous training and today is a celebration of their achievements thus far. Being a special constable enables each individual to make a genuine difference to the lives of people in our communities."

We are actively recruiting for new people to join the Special Constabulary as part of our '2011...make this year special' campaign.

More information about this campaign can be found by visiting the Derbyshire Constabulary website, calling 0300 330 1330 or emailing recruitment@derbyshire.pnn.police.uk

Friends of Elvaston Castle

The Friends of Elvaston Castle continues to campaign against the disposal of Elvaston Castle Country Park by Derbyshire County Council, which wishes to lease the 315 acre Estate to a private developer on a 150 year lease to become a hotel/golf resort.

An Essential Repairs Report for the entire Estate, commissioned by the Council, claims that £6.42 million is needed for its restoration. In this time of severe cutbacks in the voluntary sector, or even total loss of funding, the Friends think that a much more constructive use of such assets could be utilised for the benefit of the whole community. If affected voluntary sector groups linked up with one another to pool resources, possibly via a

steering group and in the spirit of the Prime Minister's Big Society guidelines, the Friends believes that The Heritage Lottery and other Funding sources could be approached to support the acquisition of the Estate (possibly via Asset Transfer) as part of a not for profit community trust initiative to provide a permanent operations base for all those taking part. The Estate would also remain open as a tourist attraction and all profits fed back into improving group facilities and a continuous expansion of community opportunities.

Any groups which would be interested in approaching this as a way forwards is asked to contact the Friends directly at info@friendsofelvaston.co.uk

New Amber Valley CVS Venue Directory

Amber Valley CVS has a free database with venues in Amber Valley, Derby, Derbyshire Dales, Erewash, North East Derbyshire and South Derbyshire.

For more information please visit <http://www.avcvs.org/venue.htm>



LOCAL NEWS & INFORMATION

Age UK

Age UK Derby and Derbyshire, NHS Derbyshire County and Amber Valley Housing Ltd are working together to offer an affordable long-term service for older people who need help with footcare.

The Footcare Service known as 'Tootsies' offers a 30 minute treatment including pampering foot soak, toenail trim, hard skin management and a soothing massage delivered by a team trained by Derbyshire Community Health Service's Podiatry Team. Tootsies visits community settings on a four weekly cycle allowing customers to manage their foot care on a regular basis. The service is open to anyone aged 50+ and is available in 6 locations in Amber Valley.

Locations are:

<p>Langley Mill - Neal Court (Mondays 12.30pm till 4pm)</p> <ul style="list-style-type: none"> ▪ 26th September ▪ 24th October 	<p>Ripley - Peveril Court (Thursdays 9am till 2pm)</p> <ul style="list-style-type: none"> ▪ 8th September ▪ 6th October ▪ 3rd November 	<p>Belper - Manor Farm (Wednesdays 12.30pm till 4pm)</p> <ul style="list-style-type: none"> ▪ 7th September ▪ 5th October ▪ 2nd November
<p>Alfreton - Firs Gardens (Thursdays 12.30pm till 4pm)</p> <ul style="list-style-type: none"> ▪ 22nd September ▪ 20th October 	<p>Heanor - Age UK Offices Market Place, Heanor Please contact number below for details</p>	

For further information please call 01773 768240

Umbrella Health Trainer

If you live in the Amber Valley area and are aged between 17-25 years and have a disability or are a parent/carer of a disabled child or young person, then we can help!

The Umbrella Health Trainers can offer a friendly service letting you know about opportunities in your area and will support you in improving your health.

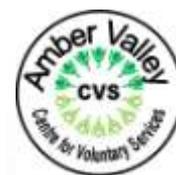
The Health Trainer can offer:

- Friendly support to find out about opportunities in Amber Valley
- Signpost and support young people to attend nearby clubs or meeting groups
- Provide information on a healthy diet and support individuals to maintain a healthy weight
- Give young people the opportunity to attend activities with other young people on the programme
- Taster sessions
- Most importantly an Umbrella Health Trainer can support young people to make changes they want to make at their own pace.
- We can set goals and work towards them together.

For more information please call an Umbrella Health Trainer on 01332 521229.

ADMINISTRATION

Membership Admin Services



Admin Services

We can offer our members:

Equipment Hire - Digital Camera,
Display Boards, Flip Chart Stands,
Laptop/Over Head Projector,
Portable Screen, TV/Video

Full Colour Photocopies
& Laminating Service



Modern Window Display

Discounted Stationery

Meeting Room Hire



Call the one of the team to discuss your
Admin Requirements on 01773 512076

The views expressed in this newsletter should not be taken as Amber Valley CVS policy. Whilst every care is taken to provide accurate information, Amber Valley CVS does not accept liability for any error or omission.