



COMMUNITY SECTOR NEWS

AMBER VALLEY CVS EXISTS TO DEVELOP AND BE PART OF A VIBRANT VOLUNTARY SECTOR

WINTER 2012

Amber Valley CVS Volunteer Celebration

Are you a small Voluntary group?

Would you like to thank your volunteers for their work during 2012?

Would you like your volunteers to join us in our Christmas Celebration?

Volunteers are the most important resource for voluntary and community organisations to have. They give their time freely to support organisations and projects within their local communities.

To show our thanks and gratitude to the volunteers who have helped and supported us over the last year, we are holding a Christmas Volunteer Celebration.

Our Celebration will be held:
On: Tuesday 4th December 2012
At: 11am - 2pm
At: St Joseph's R C Church
Butterley Hill,
Ripley,
DE5 3LW



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CIRCULATION LIST (Please tick)

- CHAIR
- MANAGER
- TREASURER
- SECRETARY
-
-
-

To continue with the success of The 2012 London Olympics, we are pleased to have an appearance from a local Torch bearer, who you will be able to share your volunteer experiences with.

There will be refreshments, a choir, a quiz and time to socialise.

For more details please contact Angela Quinn on 01773 512076 or email admin@avcvs.org

If you would like to be a volunteer please contact us on 01773 512076 or email admin@avcvs.org

FUNDING

Funding success for Amber Valley groups

Congratulations to Amber Valley voluntary and community groups on your successful funding applications throughout last year.



Name of Group	Funding Body	Amount	Project Awarded
Codnor Castle Heritage Group	Derbyshire Community Foundation	£1000	Equipment
Codnor Castle Heritage Group	Ashby Foundation	£1000	Leaflets
Hearing Help	Veolia	£5000	New Windows and New Boiler
Belper Community Football Programme	Community Action Grant	£1000	Defibrillator
Chill and Chat	Community Action Grant	£410	Equipment
Horsley Woodhouse Ladies Club	DCC - Luncheon Clubs (Clubs for the elderly and disabled)	£110	Towards Rent
The Autumn Club	DCC - Luncheon Clubs (Clubs for the elderly and disabled)	£110	Towards Rent

Coalfield Regeneration Trust



CRT is actively encouraging small voluntary and community groups to come forward with their ideas for funding under its Level 1 grant scheme.

The scheme allows for capital or revenue funding up to a maximum of £5,000 for projects in eligible coalfield areas with high levels of deprivation.

The fund is currently undersubscribed and the regional office will gladly assist applicants to determine if they have a project that fits with CRT criteria.

So far in the current funding round, projects like Bulwell Boxing Club, Newton Methodist Church, Clipstone Youth Centre Play scheme,

and Fifth Word Theatre have all benefited from grant awards that enable them to provide improved services and projects for their communities.

CRT cannot fund salaries under this scheme but it can support the use of Sessional workers to deliver projects that provide local community benefits. It can support training for volunteers and host groups, and can also support purchasing of equipment and small refurbishment projects.

To discuss your own project with the Trust please telephone 01246 820970 to get the ball rolling.

“What have you got to lose?”

FUNDING

Derbyshire Community Action Grant

Are you a group with a great idea to improve your local community? Do you need a small amount of money to make it happen?

Dozens of clubs and groups are benefiting from our Big Society community funding schemes.

We have already boosted dozens of groups with our £250,000 Community Action Grant fund launched last summer offering 'small groups with big ideas' up to £1,000.

So far we've handed out more than £163,000 to boost local groups and applications are now being invited for the sixth round which closes on 14 December 2012

If you would like to discuss this fund, or explore other funding opportunities, please contact:
Collette Watson - Community Funding and Development Worker

Telephone: 01773 512076

Email: funding@avcvs.org

RBS Inspiring Enterprise Programme to Benefit Young People

The Royal Bank of Scotland (RBS) Group has launched a new three-year funding programme which will focus on young people, women and social entrepreneurs in the UK.

RBS will provide a funding pot of £1.5 million over the next three years for the Youth Enterprise programme. Non-profit organisations in the UK can apply now for grants of up to £50,000 for projects that provide enterprise support to young people between the ages of 13 and 30 years. Applications can be for both new and existing programmes that are helping young people on their enterprise journey. This might be helping them to set up in business, delivering enterprise education, innovative networking events, developing entrepreneurial knowledge and skills, and more.

There will be two funding rounds per year for the next three years. Each year some £500,000 will be available.

In addition to the funding, the RBS Group says that "all successful applicants will be given the opportunity to take advantage of a range of additional benefits including accessing network and partnership events, and working with the Inspiring Enterprise team to help promote our partnership and the impact it's making."

By the time the Inspiring Youth Enterprise programme ends in 2015, RBS expects to have helped 100,000 young people to explore enterprise, develop their enterprising skills and start up in business.

RBS is also running a series of workshops with the RSA (Royal Society for the encouragement of Arts, Manufactures and Commerce) to bring young people together with enterprise support organisations.

Full details can be found on the RBS Group Inspiring Enterprise Programme
<http://inspiringenterprise.rbs.com/>

AVCVS NEWS

Reception and Administration Support Worker



Hello, my name is Sharon Newton. I joined Amber Valley CVS in October 2012 replacing Nathan Hutchinson as the Receptionist and Administration Support Worker.

I have lived in the Amber Valley area all of my life and previously worked for four years in a training company in Derby. Starting full time at the age of 16 as an administration apprentice has given me the knowledge and experience to work in a customer facing environment.

As the Receptionist and Administration Support Worker my main duties are to manage the reception area for visitors and to take telephone calls. I am also the main point of contact for room bookings, equipment hire, printing, photocopying, window displays and general administrative duties.

I look forward to meeting you all over the next few months.

Marketing and Communications Worker

Hi, my name is Nathan Hutchinson and if you think my face looks familiar you'd be right, I've been with the CVS now for over 6 years. I have recently been appointed as the Marketing and Communications Development Worker.



With my knowledge of the CVS and its member groups I have been able to get straight into the driving seat and have already been busy at many different events collecting good news stories and comments. There has also been a feature in the local Ripley and Heanor News covering our valuable Befriending Service. Most recently, a weekly slot with Amber Sound FM on their 'Community Group of the Week' feature has been arranged.

If there is anything you would like to discuss regarding your group please contact me to see what the CVS could offer.

Derbyshire County Council - Excellence in the Community Awards

Amber Valley CVS would like to say congratulations to all the winners at the '2012 Excellence in the Community Awards'

Special congratulations to our member groups that won awards - these were:

Bridget Braden - Phoenix Parenting Group

Derbyshire Wildlife Trust

John and Kath Nicklin - Moorwood Moor Angling Club

Ripley Music Festival Committee

Heanor and District Local History Society

For a list of all winners please visit <http://www.derbyshire.gov.uk/community/excellenceawards>

AVCVS BEFRIENDING SERVICE

An All Round Valuable Service

As it was once famously said “It’s good to talk”, but for those isolated members of society, good company can be hard to come by.

We have been running our befriending service for over ten years now, with an aim to provide the most socially isolated residents of Amber Valley with a friendly face and a listening ear.

One of those residents is Mr Bartle, who has been having regular befriending visits from Ray an Amber Valley CVS trained befriender, Ray was matched with Mr Bartle earlier this year and has been visiting him regularly ever since.

Mr. Bartle lost his wife in 2005 and due to health conditions he currently has difficulty getting around, but his regular visits from Ray have given him back the social contact that many of us take for granted.

Mr Bartle said of the service *“There are people lying in bungalows and they have no one come to see them... ..but if a befriender comes round it gives them courage and it breaks the monotony”*

The befriending service is not only valuable to Mr Bartle but also to Ray. Since retiring Ray found he had extra time, so decided to join us as a volunteer befriender, since when, he has seen the real worth of what volunteers can provide for people like Mr. Bartle.

Ray commented: *“I enjoy coming to see the fella... ..It gives him something to fight for”*



If you are interested in joining our team of trained volunteer befrienders, please contact the Volunteer Department on 01773 512076 or email: volunteering@avcvs.org

MEMBER NEWS

Member Focus - Belper Amateurs Cricket Club

Belper Amateurs are a local cricket club who have teams of participants aged 8 to 80.

The club runs sessions for Kwik cricket under 11's, under 12's, under 13's, under 15's, under 17's and two senior sides in the Derbyshire Cricket league.

They also provide coaching for young players and organise fundraising / social events, for example pub six-a-sides, raffles and quizzes.

The club have received support from our Community Funding and Development Worker, Collette Watson. Collette has assisted the group with funding advice and possible funding streams. Collette has also completed a 'Health Check' for the group to establish if all the correct policies and procedures are in place.

The club have sent Amber Valley CVS the following statement with regards to the support they have received.

"As a new member of Amber Valley CVS, Belper Amateurs has not only benefited from the sound advice received regarding funding applications, but has also been lucky to receive a £238 financial award. This money has been used to equip our junior cricket programme with training equipment"

"Thanks to Collette Watson the Community Funding and Development Worker we have managed to successfully apply for over £2000 worth of funding in 2012. Which means over the winter two of our members are training to be ECB level one coaches, so we can potentially quadruple the amount of organised coaching sessions in 2013"

"Our association with the CVS in 2012 has helped us to restructure and modernise our club as we now have minuted committee meetings, a new constitution, equality and child welfare policies without which we would not be in a position to ask for financial support in the future"

"All that is left to say is a big thank you on behalf of Belper Amateurs CC to Collette and the CVS team for their support in 2012"

Phil Nightingale, club secretary



MEMBER NEWS

Would you like to share your news with us?

In 2012 we would like to dedicate a section of our newsletter to hearing about **You**.

Do you have any Good News Stories that you would like to share? Are you currently commemorating any special events? We would love to hear from any of our Member Groups. To include your stories in one of our newsletters please email your information to Vicki Ilic at vickiilic@avcvs.org or call Vicki on 01773 512076.

Amber Valley CVS - Social Media

You can now keep up to date with all our latest news and information by visiting us at:



Website: <http://www.avcvs.org/>



Amber Valley CVS Blog: <http://ambervalleycvs.wordpress.com/>



Facebook: <http://www.facebook.com/avcvs>



Twitter: <http://twitter.com/avcvs>



E-Bulletin: <http://www.avcvs.org/bulletin.htm>

Amber Valley CVS Services

AVEDASS

Advice and support for adults or children who have witnessed or experienced domestic abuse.

Befriending

A support service for the elderly and isolated people of Amber Valley using trained volunteers.

CRB Disclosures

Groups or individuals requiring a CRB Check.

Community Group Support

Advice support and guidance on funding, constitution, H&S and HR.

Derbyshire LINK

Raise issues of concerns to do with health and social care from a local community or individual.

Funding

Guidance, support and information on funding and funding applications.

Help at Home

A domestic and gardening service for those that are elderly or disabled, helping to maintain their independence in their homes.

Home from Hospital

Free short term befriending service to those over 50, who have just been discharged from hospital.

Membership Services

Support for community groups requiring membership services, i.e. room hire, equipment hire, photocopying.

Training

Free training opportunities and courses for community groups and volunteers.

Volunteering

Information and guidance for individuals looking to volunteer in the Amber Valley area.



VOLUNTEERING

Volunteering Update

50 Placings were made in the quarter July to September in the following opportunities - Authorised Representative, LINK Champion, Resident Visitor/Friend, Appropriate Adult, AVEDASS school awareness programme volunteer, Cafe Assistant, Customer Service/Administration volunteer, First Aid Cover, Grounds Maintenance, Sports Youth Mentor, Sure Start Childrens Centre group volunteer, Wildlife Guardian and a Volunteer Helpline Counsellor.

Befriending Report

During this quarter, 32 volunteers were supporting 35 people .

Also, 3 volunteers were telephoning 36 people on our Thursday evening Phone Buddy Service.

Current Opportunities



URGENT REQUEST - With 70+ people still on our waiting list to have a Befriender, we are always looking for new recruits. So if you have 1-2 hours a week to spare to be a listening ear for an elderly person in your area, please get in touch!

Marlpool lunch club - We are looking for a caring person of any age to help out with Front of House work getting the tables ready for meals for 35 elderly people every Wednesday. Volunteers are needed from 10am to 12.30pm.



We need someone who likes working with the elderly and also has time for those who are disabled. The person would be required to assist with the table setting, help waitressing and then clearing up or stay to help with a 1 hour activity. Drivers to assist at times would also be useful to the Club.

Ashmere Care Home - Do you have any talents, skills or hobbies you could share with our residents? If you could spare one hour to come along and chat or read to residents, play games or teach them new skills then please get in touch through the Volunteer Centre. Our residents enjoy any kind of company and it is good for them to see people from the community.



Tootsies – Join our friendly team of footcare volunteers and staff working in a variety of community venues throughout the Amber Valley area. You will be provided with basic footcare training from a local NHS Podiatrist and an induction from Age UK staff. Volunteers are required to take part in the footcare sessions where duties involve meeting and greeting clients, administrative tasks such as taking bookings and payments, delivering footcare (Foot assessment, a foot soak, nail cutting and filing and foot massage) and generally providing a warm, welcoming social environment for clients.

Autumn Club - A Treasurer is required to collect money for tea, raffles and trips. You would need to be organised, methodical, accurate and reliable. We need a social person who can relate to elderly people and have empathy and understanding along with a good sense of humour. Keeping records of all monies, bank records etc is an essential part of the role.

VOLUNTEERING

Current Opportunities

Homestart - Homestart Amber Valley is seeking individuals to join our Board of Trustees. We are looking for committed individuals from Derbyshire with an understanding of the pressures facing parents today, good common sense and a willingness to serve their community.



We are entering an exciting development phase and there are opportunities to bring creative ideas for supporting children and families to the Board's work. We are particularly looking for people who have a knowledge of fundraising, business skills and an understanding of the health and social care agenda.



Home-Start Amber Valley is affiliated to Home-Start UK and recruits and trains volunteers to support parents with young children at home. Volunteer Trustee members provide support, direction and cohesion for a small staff group who co-ordinate a group of volunteers who in turn provide support for families.

Being a Trustee can be hard work but is also rewarding, giving many chances for personal development and the opportunity to give something back to your community. How much of your time it will take can vary, especially if you take on additional commitments but on average it will be around 8 hours per month. You will be offered an induction and may be required to have a criminal records check.

Heanor Festival Trust - A volunteer is needed to record the minutes and ensure meetings are arranged when required and to act as right hand person to the Chair. If you have good communication skills, particularly in writing letters and record keeping, we'd like to hear from you.

We also need someone to keep our bank records up to date as a Treasurer and assist in their preparation for Audit.

This could be an ideal opportunity to make new friends with similar interests and help plan for future festival events.



Community Communicator – We are looking for residents in Aldercar and Langley Mill who will act as trusted contacts and go-between for their neighbours, neighbourhoods, the parish council and other statutory agencies active in Aldercar and Langley Mill. They will enable information to flow between the local community college and those who live in Aldercar and Langley Mill encouraging community involvement, increased voluntary activity and the sharing of information.

This opportunity is open to any resident of Aldercar or Langley Mill who wishes to be more involved in their community.

For more information about any of these opportunities or queries about volunteering issues please contact Elaine Broadhurst on 01773 512076.

VOLUNTEERING

STOP PRESS

Opportunities required for Young People in the Amber Valley area!

We are asking local organisations to look at how they can involve local young people who are actively seeking some sort of voluntary experience. Some young people may only have evenings or weekends to offer, others are allowed time off during the school day. Occasionally only a two week experience is needed.

Whatever **you** have to offer, please us know. We have a leaflet for organisations who would like more information on recruiting and retaining Young volunteers. http://www.avcvs.org/documents/Leaflet_PDFs/younger_vols.pdf

Here is a small selection of the range of opportunities we have.



1st Ripley Scouts - Leaders and Assistant Scout/Cub/Beaver Leader required to work in all areas of scouting

activities.

Scouts are for 10 - 14 year olds, Cubs for 8 - 10, Beavers 6 -8 year olds.

1st Ripley packs need volunteers now! Teach young people various skills from Handicrafts to IT and join in sports activities!

Chill and Chat - Do you like fun and games and activities to help people overcome their fear of socialising? YES? Then we need you to help organise and run quizzes, bingo, play pool, daytime and evening events at a venue in Alfreton. We are a friendly, fun crowd!

Shipley Cricket Club – Fundraiser to seek alternative funding opportunities - eg. with Local Authorities, Sport England, County Sports Partnerships, Charitable Trusts, etc.

- ◆ Work in conjunction with the sponsorship volunteer manager to develop financial or in-kind sponsorship



- ◆ Utilise existing ECB Partnerships, such as Cricket Force

Volunteering can be a brilliant way to boost your CV, develop your interests and enhance your skills and confidence. It is a great chance to get out, have fun and meet new people while supporting your local community.

Chair Derbyshire & East Staffordshire Cruse - Someone to represent 90+ volunteers centered around Derby, Burton & Chesterfield, who provide support to bereaved people, either face to face individually or in a group setting.

Despite the serious nature of our work, we are a friendly happy bunch, who need someone to

- ◆ Chair a minimum of 4 meetings per year of the Area Committee
- ◆ Oversee the efficient running and management of the Area in line with Cruse standards
- ◆ Communicate internally and network with appropriate external agencies
- ◆ Represent the Area at activities and functions
- ◆ Think and plan ahead strategically

You don't need to be a counsellor or have experience with bereavement issues - just good management and networking skills.

Crich Tramway Museum

– General Volunteers.

Crich Tramway Village

(The National Tramway

Museum) was founded by volunteers 50 years ago. Working with staff the museum welcome 90-100,000 visitors a year. Volunteering gives a sense of pride in the success of the museum and friendship.



New volunteers are always welcome!!

TRAINING

Safeguarding & Befriending Training



Congratulations to 25 people who attended the Safeguarding. Recognising and Alerting Others to Suspected Abuse training from July to September.

Befriending Congratulations

6 new volunteers have completed the Befriending training that has recently taken place. They will join our existing team of volunteers dedicated to Befriending isolated individuals in Amber Valley.



We are always looking for people to join us as volunteers to help provide this fantastic service out in the local community. Being a befriender is all about spending quality time with individuals, chatting, and listening and having fun, brightening up someone's day. The Befriending course runs for just two hours a week for four weeks. The course is a small friendly informative group, no high pressure or any tests to pass, just lots of positive information and guidelines to help volunteers develop and fine tune their skills.

If you would like to know more about the **Befriending Service** please contact **Amber Valley CVS on 01773 512076**, where we will be more than happy to answer any of your questions.

Forthcoming Course Dates are:

6th, 13th, 20th & 27th March – 1pm to 3pm here at AVCVS in Ripley.

Do you or Your Community Group Need Training?

If so, we can provide specialised training tailored to your group's needs in a suitable venue. We have previously offered the following courses:

- ◆ Attracting and Recruiting Volunteers
- ◆ Basic Book-Keeping
- ◆ Befriending
- ◆ Benefits of Volunteering
- ◆ Committee Skills
- ◆ Communication Skills
- ◆ Confidence in Meetings
- ◆ Event Planning
- ◆ Funding & Making Applications
- ◆ Health & Safety
- ◆ Managing a Mixed Team
- ◆ Managing Difficult Volunteer Situations
- ◆ Minute Taking
- ◆ Presentation Skills
- ◆ Risk Management
- ◆ Safeguarding Vulnerable Adults
- ◆ Support & Supervision
- ◆ Sustainable Funding
- ◆ Time Management
- ◆ Volunteer Management
- ◆ Volunteers & the Law

For more information please call 01773 512076 or e-mail training@avcvs.org

VCI PASSPORT SCHEME

VCI (Voluntary Community Independent) Passport Scheme



The VCI Passport Scheme is aimed towards volunteers who are working or thinking of working with children and younger people. i.e. children's centre, sports clubs etc.

FREE Quality Standard Training for Volunteers in the Amber Valley Area.

All you need to do to receive your passport is:

Complete the following.....

- 5 x ½ day training sessions
- Safeguarding
- Health & Safety
- First Aid Introduction
- Involving and Consulting Children & Young People
- Equal Opportunities

Sample VCI Passport



“Volunteers are important! They make up a large part of the VCI children and young people’s workforce and they deserve to receive the support that they need to help them continue to develop their skills, knowledge and abilities so that they can improve the service they give to children and young people”. Mandy Mangold. SNAP Development Project

Following completion of the requirements, the volunteer will be awarded with a certificate and a badge which allows him/her to identify themselves as an accredited volunteer for Derbyshire’s Children’s Trust. Badges will not be issued until we have proof of a current CRB check.

For more information please contact Angela Quinn at Amber Valley CVS on 01773 512076.

HELP AT HOME NEWS

Help at Home Domestic & Gardening Support

Lets us do the hard work...



... enabling you to live independently in your own home.

Vacuuming, Dusting, Ironing, Cleaning the Bathroom & Kitchen, Shopping, Accompanied Shopping & various Gardening Tasks.

Help at Home is not an agency. We are a non-profit making organisation, and are part of the registered charity of Amber Valley CVS

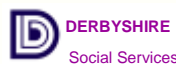


For further information
Contact the Help at Home Team

01773 512076



Working Closely with:



Service operates across Amber Valley and Erewash

ADMINISTRATION

Amber Valley CVS CRB Service



Important Changes

Find out how these changes will affect your Organisation

The Government have scaled back the criminal records and barring systems to more proportionate levels whilst ensuring that they continue to provide effective protection for those who need it.

There is now a new definition of regulated activity and removal of controlled activity.

The Safeguarding Vulnerable Groups Act 2006 sets out the activities and work which are 'regulated activity', which a person who has been barred by the ISA must not do. They have scaled back regulated activity to focus on work which involves close and unsupervised contact with vulnerable groups including children.

The activities and work which have been taken out of regulated activity will still be eligible for enhanced CRB checks but they will no longer be eligible for barred list checks.

It is VITAL that you are aware of these important changes which the Government have made to criminal records and barring arrangements and how they will affect you.

If you are a member of Amber Valley CVS CRB Service, we are offering Free Training Sessions on the following dates:

Wednesday 28th Nov 10-11.30am

Monday 3rd Dec 10-11.30am

Wednesday 12th Dec 2-3.30pm

There are limited places available, so please book early to avoid disappointment. Maximum 2 attendees per Organisation.

To guarantee your place, call 01773 512076

**If you're a voluntary organisation and would like to join
our CRB Service contact**

Emma Rodgers on 01773 512076 or e-mail CRB@avcvs.org

DERBYSHIRE LINK

Derbyshire LINK/Healthwatch Derbyshire Update



As of 1st April 2013, Derbyshire LINK as you know it will no longer exist. There will be a new independent consumer champion, Healthwatch Derbyshire, for patients and users of health and social care services.

Healthwatch Derbyshire (HWD) will build on the knowledge and experience of Derbyshire LINK and ensure that the existing priorities and responsibilities of LINK are maintained, such as:-

- Promoting patient and public involvement (PPI).
- Seeking people's views on services which can be fed back into the development and delivery of local health and social care services.
- The right to enter and view provider services (and children's health services).
- Ability to comment on changes to local services.

Healthwatch will have a statutory seat on the Health and Wellbeing Board, which is currently established in shadow form and at which Derbyshire LINK currently have a seat. However, Healthwatch will have additional responsibilities to those of LINK which include:-

- Facilitating access to a complaints advocacy service to support people who make complaints about NHS services.
- Provide a signposting service to help people access and make choices about their care.

Derbyshire County Council has a statutory duty to commission an efficient and effective Healthwatch Derbyshire. The Council therefore advertised for organisations to provide a quote to deliver an implementation project, as they considered this the best way

to achieve an independent and impartial organisation.

The successful applicant demonstrated a proven ability and track record to complete projects to the required standards within agreed deadlines and budgets. As a consequence the Council has engaged Exact Consultants Ltd and they will be responsible for:-

- Recruiting the HWD Executive Board.
- Setting up HWD to be operational by 1 April 2013.

The application process to join the Executive Board is being widely advertised during November 2012, and it is hoped that individuals who have the skills and experience to engage in the delivery of HWD will submit their applications.

The Council and Exact Consultants Ltd will continue to work with the Chair and Vice Chair of the current Derbyshire LINK Steering Group. All existing LINK members and volunteers are encouraged to continue their involvement into HWD to support the task of improving how local people can influence, challenge and get involved in the planning of their health and social care services.

The Council will be asking Exact Consultants Ltd to encourage the Healthwatch Executive Board to write to all LINK members to confirm their interest and wish to become associated with HWD and its work, and the establishment and effective introduction of HWD.

Derbyshire LINK: Telephone : 01246 558924

Text Only Line: 07548 137 054

Email: info@derbyshirelink.org.uk

Web: www.derbyshirelink.org.uk

We can also be found on Facebook and Twitter!

AVEDASS

The AVEDASS team are currently supporting 32 young people who have witnessed or experienced Domestic Abuse.

What we can offer at AVEDASS:

- ◆ One to one support (Confidential) - A chance for you to talk about your worries
- ◆ A source of advice - A listening ear, we can meet at school, home or in a café
- ◆ A plan to keep you safe - Help build your confidence/ self-esteem
- ◆ Introduce you to other services and help you join any leisure activities

Our Telephone number is: 01773 512076 Or email: AVEDASS@avcvs.org

We continue to deliver the Domestic Abuse schools awareness programme throughout the Amber Valley and Erewash area to Yr 8 students in secondary schools.

AVEDASS Good News Story

A six year old boy was referred to AVEDASS by Social Care. He lived with his mother and father and had an elder step-sister and step brother who lived independently. Other statutory agencies were involved. We were told that the young boy didn't talk to the agencies and presented with multi-problems which included:-

- ◆ Speech Impairment
- ◆ Lack of concentration
- ◆ No writing skills
- ◆ Toileting issues
- ◆ Wouldn't sit still in class
- ◆ Aggressive towards students
- ◆ Not meeting expected standards for age
- ◆ Tired and yawning in class

The boy's mother used to drink but would not admit to having a problem with alcohol.

His mother and father would get into drink-induced arguments and fights and he had heard and witnessed these. His father was serving a 3 month sentence for threatening behaviour and since his father's imprisonment both his and his mother's behaviour had become worse.

During our time with the boy we built up a trust and he told us that his mother had told him not to talk to agencies. He was not allowed to socialise outside school and spent his entire time in front of the TV on the games console. The mother did not do any activities with him and he was rarely bathed. He ate with a spoon and his fine motor skills had suffered because he had not been shown how to use implements such as a tooth brush, pencil and cutlery. In the school holidays he did not go to the park, take holidays or go out of the house.

The boy's father was released from prison and the fights started again. Eventually, after unexplained absences from school and concern over the lack of care, he was removed from the family and placed with foster parents.

He is now thriving with his new foster parents. He is still behind on his school work but now attends regularly. He attends various clubs and is beginning to learn to socialise. He has gained weight and his health is better. His speech is better and he sees a speech therapist regularly. He enjoys trying new things and very rarely asks about his parents who he has arranged visits with fortnightly but they do not always turn up.

NEWS AND INFORMATION

The Big Ideas Factory - Toolkit for the Community Sector

The Big Ideas Factory Toolkit has been carefully developed over several months to bring into one place the information and advice that makes it easier, simpler and more cost-effective for individuals, groups and organisations to get the help they need. In the current climate, innovation and creativity are what's needed to bring about new opportunities. But we know that getting the support (and at an affordable price) to take ideas forward can often be one of the biggest challenges. Getting access to the right skills, information and knowledge can be difficult, time consuming and expensive. So we've come up with a better way - **the Big Ideas Factory**. We want to bring together the best

ideas, the right skills and a whole wealth of knowledge to develop the tools and techniques needed to support innovation in our communities today. The Big Ideas Factory Toolkit comes with tips and practical exercises to take a project, or any idea, through from inception to reality. It includes three sets of tools; to develop a blueprint for generating your idea; to help you to develop your idea further and lastly, to deliver that big idea.

For more information please contact Amber Valley CVS on 01773 512076 or visit www.bigideasfactory.co.uk

Latest Schools Awareness Programme proves to be a success

The recent AVEDASS Schools Awareness Programme held at Kirk Hallam Community College for Year 11 has been successful in raising awareness of domestic abuse.

At the start of the session, the group of 148 pupils said that on a scale of 1 – 5 (with 1 being poor) their average knowledge of domestic abuse would be 2.

By the end of the session 95% of the pupils felt they could rate themselves as having knowledge of 4 or more.

Streetbank

Streetbank...shows you all the things and skills your neighbours are offering. It's a giant garden shed, toolkit, fancy dress chest, book and DVD library and skills bank for your neighbourhood.



How it works

1. Sign up for an account using your postcode.
2. Add one thing that you would be prepared to help with, lend or give away.
3. See people within one mile of you, and all their things.

Please visit for more information: <http://www.streetbank.com/splash>

In a nutshell - we made this little diagram to show what Streetbank does, and how sharing occasionally used items like ladders and DVDs can make the world a little bit nicer.



NEWS AND INFORMATION

Board & Committee Members Required for Credit Union



The largest credit union in Derbyshire is looking to recruit some new blood to help it as it continues to grow.

Erewash Credit Union needs new directors for its board and members of its supervisory committee.

Based in Ilkeston, Erewash Credit Union now covers the whole of Derbyshire, including the City of Derby, and has offices in Ripley, Heanor, Alfreton and Long Eaton.

A financial co-operative, which operates similar to a bank, it is owned and run by its members. ECU is the third largest community financial co-operative in the East Midlands.

As with other credit unions, it has expanded rapidly and developed products and services to meet the current needs of people living and working in Derbyshire.

It has 2,800 members and each year deals in £1.5m of loans to members at a low rate of interest.

It needs up to three new directors – people who live or work in the county and have experience of accounting, business planning, human resources, developing policy and procedures, governance, marketing, and partnership working.

At least three members are needed for the supervisory committee which ensures that staff and volunteers abide by the board's policies. They should have experience in checking numerical and written data or experience of internal auditing.

The board and committee meet once a month, usually in Ilkeston, and members would be asked to spare up to five hours a month. Full training and support is provided and reasonable expenses may be claimed.

"It's important that we have a group of people with as wide an experience as possible to continue the smooth running of the credit union," said manager Seamus Grant.

Anybody interested in helping should contact Seamus on 0115 932 9493.

Fee for intervention - What you need to know

If you are breaking health and safety laws, HSE may recover its costs from you by charging a fee for the time and effort it spends on helping you to put the matter right, investigating and taking enforcement action.

What is fee for intervention (FFI)?

HSE's inspectors inspect work activities and investigate incidents and complaints. If, when visiting your business, they see material breaches of the law, you will have to pay a fee. The fee is based on the amount of time that the inspector has had to spend identifying the breach, helping you to put it right, investigating and taking enforcement action.

Will FFI apply to me?

If you comply with the law you won't pay a fee.

FFI only applies to work carried out by HSE's inspectors so if your business is inspected for health and safety by another regulator, such as local authority environmental health officers, it will not apply.

FFI will apply to all businesses and organisations inspected by HSE, except for:

- ◆ self-employed people who don't put people at risk by their work;
- ◆ those who are already paying fees to HSE for the work through other arrangements; and
- ◆ those who deliberately work with certain biological agents.

For more information please visit <http://www.hse.gov.uk/pubns/hse48.pdf>

HEALTH AND SOCIAL CARE

Headway North Derbyshire

Headway – the brain injury association is the leading UK charity providing support and information to adults with an acquired brain injury, their families and carers. Headway also supports professionals who work with them.

Depending on local needs and resources, a network of local groups and branches throughout the UK offer a range of services including rehabilitation programmes, carer support, social reintegration and community outreach. The local groups and branches are provided with support from Headway UK through guidance on policies, procedures and training.

Headway North Derbyshire, formerly known as Headway Chesterfield, is a branch of Headway UK, managed and operated by a team of volunteers, many of whose lives have been affected in some way by brain injury. Our membership includes brain injury survivors, carers and families plus professional workers.

We hold a social meeting on the second Wednesday of each month at St. Michael's Church Hall, Brimington from 7-9pm. Other social and recreational events we provide include – Ten Pin Bowling, Complementary Therapy, Indoor and Outdoor Leisure Activities and Outings.

A dedicated telephone helpline operated by our branch responds to calls for advice and support from family members, survivors and workers, thereby adding local value to the national helpline operated by Headway UK.

News and information is regularly circulated through our monthly newsletter, a service that is both welcomed and relied upon, particularly by our survivor members.

We have an active relationship with the Clay Cross Hospital based Brain Injury Service whose role is to ensure that people with an Acquired Brain Injury receive an appropriate level of support and rehabilitation when it is most needed. Other groups that we liaise and work with to promote the needs of people affected by brain injury include, Adult Social Care, GP's, Local Authorities and of course NDVA.



Our ongoing aims include:

- ◆ To campaign for better service provision for brain injury survivors, their carers and families.
- ◆ To raise more public awareness of brain injury issues including prevention and safety.
- ◆ To promote an information and signposting service for such topics as Welfare Benefits, Access to Services, Legal Matters and Health issues related to brain injury.
- ◆ To develop our social rehabilitation services to a wider catchment area in North Derbyshire. This will be supported by the steps we are taking to improve our fundraising position and realise our ambition to employ our own development worker.

If you would like to know more about us, call our helpline 07940 729 544 or visit our website on www.headwaynorthderbyshire.org.uk

Peter Shaw - Chair Headway North Derbyshire.

This information was taken from Issue 89 of the NDVA Newsletter

Community News

The E-Bulletin from Amber Valley CVS



Web: www.avcvs.org
Tel: 01773 512076

Volunteer Opportunities | AVCVS News | Funding | Events | Training | Vacancies | Other Information

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It's easy to join the mailing list, either:

Visit www.avcvs.org/bulletin.htm

Contact 01773 512076

E-mail nathanhutchinson@avcvs.org

Or scan the code below on your Smartphone



Volunteer Centre
Amber Valley