



COMMUNITY SECTOR NEWS

*AMBER VALLEY CVS EXISTS TO DEVELOP AND BE PART OF A
VIBRANT VOLUNTARY SECTOR*

SUMMER 2013

Amber Valley CVS Befriending Service Gains Approved Standard Accreditation

Amber Valley CVS have been awarded the Approved Provider Standard (APS) for their Befriending and Home from Hospital Schemes.

Amber Valley CVS are the first organisation within the newly formed Derbyshire Trusted Befriending Network to gain the APS status under the new assessment structure.

The Approved Provider Standard is a national benchmark for organisations running mentoring and befriending projects. Projects achieving the APS will be operating to a nationally approved standard that gives Government ministers, project organisers, and many thousands of volunteers, a reliable benchmark of safe and effective practice.

Amber Valley CVS' Befriending service aims to provide companionship and support for residents of Amber Valley who are socially isolated through a team of trained volunteer befrienders.

Amber Valley CVS also operate the Home from Hospital service, a short term service for people aged 50 and over, to ensure they are safe and confident when returning home from hospital.

'This is a great testament not only to our work supporting the most isolated people within Amber Valley, but also to the excellent team of trained Volunteer Befrienders which enable us to provide this excellent quality service' Comment from Nathan Hutchinson – Amber Valley CVS Marketing and Communications Development Worker.

More information about the services Amber Valley CVS offer can be found on their website www.avcvs.org or by contacting 01773 512076.



Picture: Staff and volunteers from Amber Valley CVS from left: Jeff Short, Mary Saunders, Linda Saxton, Angela Quinn and Vicki Ilic

Inside this issue:

AVCVS News	3
Help at Home	4
Funding	5
Volunteering	6,7,8 & 9
Training	10 & 11
News and Information	12, 13, 14 & 15

CIRCULATION LIST

(Please tick)

- CHAIR []
- MANAGER []
- TREASURER []
- SECRETARY []
- []
- []
- []

MEMBER NEWS

1st Ripley Scouts

1st Ripley Scouts have been presented with a cheque for £123.00 for their contribution towards the Amber Valley Christmas card delivery scheme.

Amber Valley CVS initiated a Christmas card delivery campaign using staff and volunteers connected with local scouts, in which the 1st Ripley scout group delivered over 600 cards to Ripley and its surrounding areas, whilst the scheme as a whole amassed a total of 3868 cards which were delivered across Amber Valley!



Group Scout Leader Ron Ashton said “As a scout group we do our duty to support the community and the Christmas card delivery scheme is a good way of helping the community”

Amber Valley CVS would also like to thank 1st Erewash Scout group and Somercotes Scout group for their assistance with the delivery of Christmas cards in their local area.

The scout group were also presented with a separate donation of £40.50 from the staff at Amber Valley Centre for Voluntary Services (CVS).

Waingroves Community Woodland Trust

Showing the true potential of a dedicated community

The Waingroves Community Woodland Trust was formed in 2010 when the future of the local woodland, which was regularly used by the whole community, was put at risk.



In 2010 the plot of land on which the woodland sat was put up for sale, this triggered concerns within the local community as to what would happen to the woodland, at which point the community joined together to form a committee, soon after which, they managed to raise a staggering amount of money (over £20,000). The money was used to purchase the plot on which the woodland sat, with a vision to manage the woodland as an amenity for the benefit of the local community, while maximising its nature conservation value and celebrating its industrial past.

Since the deeds were officially handed over in June 2011 there has been ongoing work by a dedicated team of volunteers to ensure the woodland is both maintained and accessible.



Furthermore thanks to various funders the Trust have been able to make numerous improvements to the woodland, such as the creation of an area on which the community can hold events or host educational visits from local schools and most recently the Trust have celebrated the planning of their 1000th tree!

SPOTLIGHT ON.....

AVCVS Home from Hospital Volunteer Support Scheme

The Home from Hospital Volunteer Support Scheme is operated by Amber Valley Centre for Voluntary Services (CVS) with the aim to offer a free short term service for people aged 50 and over, to ensure they feel safe and confident when returning home from hospital. The service is provided through a team of volunteers, who are trained and fully supervised.

The service has recently supported Mrs. Robinson of Leabrooks.

After leaving hospital, earlier in the year following an operation for a broken hip Mrs. Robinson was left housebound and feeling unconfident and due to family commitments, Mrs. Robinson would be left alone for long periods.

Mrs. Robinson's grandson already knew about the Home from Hospital service after previously enquiring about becoming a Volunteer Befriender, he contacted Elaine to instigate the service. After which Mrs. Robinson was matched with a Volunteer, Wendy, who visited weekly to provide the support, encouragement and companionship Mrs. Robinson needed.

Mrs. Robinson said of Wendy

"Wendy was marvellous, she was a really nice person and really easy to get on with, she put me at ease straight away"

During the visits Mrs. Robinson and Wendy spent time chatting about their shared interests but also Wendy encouraged Mrs. Robinson to carry out tasks such as making a cup of tea.

Mrs. Robinson is now able to get out and about and said that the visits from Wendy helped her to build her confidence back up again.



We are looking to recruit people from all areas of Amber Valley to assist with the delivery of this valuable service.

The role can be very rewarding in helping to reduce loneliness for many people who are housebound or generally see only their carers. We also have people needing the service who live in Belper, Codnor and Loscoe, Langley Mill, Crich, Swanwick and Riddings.

If you would like more information about the Home from Hospital Volunteer Support Scheme or would like to become a trained volunteer with the service, contact us on 01773 512076 or email volunteering@avcvs.org

Come and join our growing team to help those who are isolated within our Amber Valley community!

HELP AT HOME NEWS

As part of measuring the success and quality of the Help at Home project, the team like to gain feedback from the clients. This ensures that we are delivering a high quality service which meets the needs of its users to enable them to live independently in their own home.

This feedback can form “good news stories” or “testimonials” which will help the promotion of the service and also allow the clients to give their views.



Here are a selection of the quotes gained:

- ◆ “Thank you all for a wonderful service, I could not manage at home without it.”
- ◆ “I do not know what I would do without Help at Home. The cleaners will do anything for me.”
- ◆ “All the cleaners that you send me are lovely! I have not had a bad one yet! They treat me really nice, and make everywhere spick and span.”
- ◆ “Linda is marvellous, she is a great help.”
- ◆ “Mum is much better now and even takes pride in her surroundings and does a little bit for herself. Mum loves her to bits and the change is all down to Pauline and her visits.”
- ◆ “I’ve had the service since early 2012 , Donna does the bedroom, bathroom, landing, stairs, kitchen, hall and lounge and she’s a nice girl. I feel she’s superb, I can’t fault the girl”
- ◆ “Really pleased that my gardener Robert has returned this Spring. He always makes a real difference. I can look through the window now without wincing, and I always feel better when he’s been as he leaves everything so tidy, bless him.”

Help at Home is currently offered to residents of Amber Valley and Erewash. Due to its success, we have expanded into the following areas:



- Allestree, Spondon, Stapleford
- South Normanton, Pinxton
- Jacksdale, Selston, Pye Bridge, Westwood



If you know of someone who is elderly or disabled and may benefit from the Help at Home service please contact the team on 01773 512076 for more information.



FUNDING

Funding success for Amber Valley groups

Congratulations to Amber Valley voluntary and community groups on their successful funding applications throughout last year.



Name of Group	Funding Body	Amount	Project Awarded
Sporting Futures	Amber Valley Active Fund	£485	To provide multi sport activities during the half term holidays
Belper Meadows Cricket Club	Amber Valley Active Fund	£500	Resurrecting an historical community activity
AVISPAG	Amber Valley Active Fund	£450	To set up a new table tennis session to engage older members in physical activity
Belper Meadows Tennis Club	Amber Valley Active Fund	£500	Towards coaching tennis sessions
Young Peoples Activities	Amber Valley Active Fund	£500	Provide children's activities during school holidays
Belper Amateurs Cricket Club	Amber Valley Active Fund	£500	Towards interim training sessions for all to engage in cricket
Denby Cricket Club	Amber Valley Active Fund	£440	Towards mentoring boys and girls from 5 to 11 to engage in taking part in schools
Moorwood Moor Angling Club	Amber Valley Active Fund	£580	Towards purchasing of new equipment including poles and bait

Derbyshire Police and Crime Plan

The Police Crime Commissioner for Derbyshire has now published his Police & Crime Plan. To aid communities in delivering his priorities at a local level, an amount of £250,000 has been set aside in 2013-14 for public sector, community groups, third sector and charitable organisations to apply for grant funding to assist him in reducing crime and anti social behavior, to protect victims and vulnerable people, and support witnesses.

Applications are invited for either a Small Grant (up to £5,000) or a Large Grant which is for above £5,000 and normally up to £25,000. Each type of grant has its own application form. There will be 3 rounds in 2013/14. The deadline for the first round is Wed 1st May then 24 July and 23 October.

Applications will be decided at the newly formed safer communities group to ensure that applications are in line with both the police and crime plan and the SIA priorities. Interestingly statutory organisations can also apply, please see link below.

http://www.derbyshire-pcc.gov.uk/Search-Results.aspx?search_keywords=applying+for+funding

For more information about funding for your voluntary or community group please contact Collette Watson on 01773 512076.

VOLUNTEERING

Volunteering News

70 people were placed in roles including Admin Support, Advisers, Schools awareness programmes, Befrienders, Conservation volunteers, Retail assistants including a Book Specialist, Cafe Assistant, Carriage and wagon volunteer, Derbyshire LINK Champions, Family support, Fire emergency support service, Gardeners and Horticultural volunteers, Scout and Cub leaders, Local Events Helpers, Marketing Assistant, Race Marshalls, Mentors, Sports Coaches and volunteers, Surestart Children's Centre volunteers, Stay and Play support, Treasurer, Credit Union volunteers and Helpline Counsellor.



The wide variety and range of opportunities usually means we can find you a suitable match, so make your enquiries soon!

Volunteers' Week 1– 7 June



VOLUNTEERS' WEEK

time to say thank you

News from Volunteer England

Volunteers' Week is an annual campaign which takes place on 1-7 June and celebrates the fantastic contribution millions of volunteers make across the UK.

This years Volunteers' Week focuses on saying 'Thank You' to the millions of volunteers who regularly contribute to society, and to recognise the way that organisations celebrate the work of volunteers across the UK.

For further news and ideas on how others are celebrating the contribution of our volunteers, have a look at their website at www.volunteering.org.uk.

Share your views and ideas with us either through Twitter and Facebook: you can find us by searching "AVCVS".

For more information about any of these opportunities or queries about volunteering issues please contact Elaine Broadhurst on 01773 512076.

VOLUNTEERING

Current Opportunities

We have 168 opportunities currently listed and here is a selection to whet your appetite!

Here are some of our newest ones...

Guide Dog's

Community My Guide's support blind and visually impaired people to access their community; enabling confidence, independence and the opportunity to take part in activities or personal development.



After training, the volunteer provides a time limited commitment to support someone needing help and in agreement with the service users needs.

This is not a full time long term commitment and the skills gained can easily be transferred and are fully endorsed and accredited.

Amber Valley CVS

Trustee

We would like new Trustees for our Board of Directors. We need people with experience of health and social care, strategic and business planning or knowledge of local government organisations who have an empathy with those most in need within society. This volunteering opportunity will suit someone who has managerial skills from health and social care or business settings or wishes to continue to develop those skills. We need you to assist in the delivery of our organisation's business plan.

Fleet Arts

Crafty Crafts - Creative workshop helper.

Creative workshops will be in pottery, mosaics, drumming, textiles and papercraft for a group of people with learning disabilities.



Volunteers are needed to help at and/or to run monthly 2 hour arts and craft sessions with a friendly team of volunteers. It is held on the 4th Wednesday of every month (except December) from 7.00- 9.30pm in Belper. Come and join the Team!

For more information about any of these opportunities or queries about volunteering issues please contact Elaine Broadhurst on 01773 512076.

VOLUNTEERING

Current Opportunities

Waingroves Community Woodland Trust

Woodland Volunteers

An opportunity to experience land and woodland management with a group of experienced volunteers. The Trust owns 12 ½ acres of mixed woodland with most of the management and development work done by members of the community.

Current volunteers include both men and women of all ages who have a wide skill experience which is shared with ease.

There is opportunity to:

- ◆ Work alongside and mentor people with disabilities who help as volunteers
- ◆ Hedge laying & cutting and general management; tree lopping & felling;
- ◆ Tree and bulb planting; minor construction works such as gates, fencing and paths. Helping arrange community woodland activities which are significantly family orientated events and frequently involve less able people.
- ◆ Investigation and recording of industrial history as the woodland includes disused coal mines, brick works and railways.



Beckside Care Farm



Although this unusual opportunity is outside Amber Valley, it may be of interest to those with transport who enjoy helping people from disadvantaged groups, as well as working with animals. It is located at Hollington, on the way to Ashbourne, just a short way from Amber Valley's southwestern border of Kirk Langley.

We provide a supervised, structured programme of farming and countryside related activities to help vulnerable people requiring rehabilitation, such as those with physical disabilities, learning difficulties, disaffected & excluded youth and those with mental health issues. If you have experience of or an interest in small holding/farming, animals, gardening or countryside activities and have experience or an interest in helping our service users get the most from their time with us we would be really pleased to hear from you.

Activities include working with our animals (horses, alpaca, hens, goats), working on our allotment or in the polytunnel, hedgelaying, willow weaving, fence and hedgerow maintenance.



For more information about any of these opportunities or queries about volunteering issues please contact Elaine Broadhurst on 01773 512076.

VOLUNTEERING

Current Opportunities

Age UK Derby and Derbyshire

Trustee

We are looking for people with:

- ◆ Commitment
- ◆ Time
- ◆ Vision
- ◆ Judgement



to become trustees to help develop our Age UK charity. You could have gained all the skills we need from your life experiences, work, study or leisure pursuits.

We are keen to recruit additional trustees from different backgrounds to broaden our current range of skills and experience, so why not get in touch!

Belper Cottage Project

Supported Child Contact Volunteer

Volunteers are needed at the Belper Cottage Project Child Contact sessions.

The session provides separated parents and the grandparents with a venue to meet for Child contact. To offer support and a listening ear to anyone with problems, smooth things over between individuals as necessary. Serve tea/coffee and light refreshments to those attending. Tidying away materials. You can get involved in activities if you wish to introduce play into the sessions.

Volunteers required on alternate Saturdays generally once a month on average.

We wish to increase our opening times and urgently need more volunteers to be able to do this.

Heanor Festival Trust

Events Facilitator

Volunteers are needed to help facilitate at events taking place during Heanor Festival in the first week of May each year. Times are flexible to suit the requirements of the people who choose to volunteer. The Festival takes place in and around Heanor, all venues are accessible from Heanor Market Place where the main bus stop is. You could also get involved with meetings throughout the year to help plan the event for the future.



For more information about any of these opportunities or queries about volunteering issues please contact Elaine Broadhurst on 01773 512076.

TRAINING

Befriending Training

The Befriending course currently runs for just two hours a week for four weeks. The course is a small, friendly, informative group - no high pressure or any test to pass, just lots of positive information and guidelines to help volunteers develop and fine tune their skills. We are always looking for people to join us as volunteers to help provide this fantastic service out in the local community. Being a befriender is all about spending quality time with individuals, chatting, listening, having fun and brightening up someone's day.

These wonderful people did just that, they are the newest volunteers who have just completed the Befriending course.

Well done to them all.

If you would like to know more about the **Home from Hospital Volunteer Support** service or if you would like to have a chat about becoming a **Befriender** please contact **Amber Valley CVS on 01773 512076**, where we will be more than happy to answer any of your questions.



DLINK Champion's Training

Congratulations to 3 representatives of Derbyshire Link who have completed the Champion's training delivered by Amber Valley CVS, the skills gained will be carried forward into Healthwatch.

Do you or Your Community Group Need Training?

If so, we can provide specialised training tailored to your group's needs in a suitable venue. We have previously offered the following courses:

- ◆ Attracting and Recruiting Volunteers
- ◆ Basic Book-Keeping
- ◆ Befriending
- ◆ Benefits of Volunteering
- ◆ Committee Skills
- ◆ Communication Skills
- ◆ Confidence in Meetings
- ◆ Event Planning
- ◆ Funding & Making Applications
- ◆ Health & Safety
- ◆ Managing a Mixed Team
- ◆ Managing Difficult Volunteer Situations
- ◆ Minute Taking
- ◆ Presentation Skills
- ◆ Risk Management
- ◆ Safeguarding Vulnerable Adults
- ◆ Support & Supervision
- ◆ Sustainable Funding
- ◆ Time Management
- ◆ Volunteer Management
- ◆ Volunteers & the Law

For more information please call 01773 512076 or e-mail training@avcvs.org

VCI PASSPORT SCHEME

VCI (Voluntary Community Independent) Passport Scheme



The VCI Passport Scheme is aimed towards volunteers who are working or thinking of working with children, younger people and adults . i.e. children's centre, sports clubs, etc.

FREE Quality Standard Training for Volunteers in the Amber Valley Area.

All you need to do to receive your passport is:

Complete the following.....

- 5 x ½ day training sessions
- Safeguarding
- Health & Safety
- First Aid Introduction
- Involving and Consulting Children & Young People or Person Centred
- Equal Opportunities

Sample VCI Passport



Volunteers are important! They make up a large part of the VCI children, young people's and adults workforce and they deserve to receive the support that they need to help them continue to develop their skills, knowledge and abilities so that they can improve the service they offer.

Following completion of the requirements, the volunteer will be awarded with a certificate and a badge which allows him/her to identify themselves as an accredited volunteer. Badges will not be issued until we have proof of a current DBS check.

For more information please contact Angela Quinn at Amber Valley CVS on 01773 512076.

NEWS AND INFORMATION

Carers Emergency Card

Did you know – there are 93,000 carers in Derbyshire, 15,000 are located in Amber Valley. A recent survey of carers sent to 900 carers saw a return rate of 73%

Carers can now have an “ Emergency card” from Derbyshire County Council so that the needs of the cared for are not overlooked in a crisis or emergency . Do you have yours ?

For more information please contact all Derbyshire on 08 456 058 058.

Warmer Homes Healthier Living



If so Metropolitan may be able to help!

In partnership with Foundations Independent Living Trust, we can help with the cost of a range of measures that will keep your home warm and keep you healthy, including:

- ✓ Cavity wall and loft insulation.
- ✓ Replacement or repairs to boilers, gas fires, storage heaters and hot water tanks.
- ✓ Central heating and other repairs energy efficiency advice.

Call today to find out more 0845 850 8013 or email hiaderbyshire@metropolitan.org.uk

Public Benefit and Charities Guidance

The Charity Commission has, in the light of the judgement of the Charity Tribunal in the Independent Schools Case, issued revised guidance on Public Benefit and Charities for consultation. The consultation is open to 29th September 2012.

The Draft Guidance is a big improvement setting out in a clear and concise way what trustees should know in guiding their charity and public benefit. It builds more closely, in a logical way, on the framework of charity law set out in the Charities Act 2011. Gone are confusing references to a charity’s aims, replaced where appropriate, by reference to charitable purposes under the Charities Act 2011 or to the objects of a charity.

Sufficient detail is given to permit charities which charge fees for their services to understand what is expected of them, with illustrations of the type of activities which can be undertaken to ensure that people in need are not excluded from benefit. There is also guidance on when persons who are not beneficiaries can obtain an incidental benefit from a charity. This is perhaps a more challenging area for charities moving into social enterprise activities.

The Charity Commission will be revising its further guidance on specific sectors once it has approved the draft guidance for issue.

For more information, see:

http://publicbenefit.solutionsclient.co.uk/Charity_requirements_guidance/Charity_essentials/Charitable_purposes/Public_benefit/default.aspx

NEWS AND INFORMATION

New Approved Personal Assistants Register for Derbyshire



Are you a personal assistant (PA) or interested in a career in support in Derbyshire and looking for work? Join the Derbyshire Approved Personal Assistant Register and make finding the right job much easier.

Derbyshire County Council and Penderels Trust have jointly developed the Derbyshire Approved PA Register. The register will be accessible to potential employers via the Derbyshire County Council website and will be promoted throughout Derbyshire.

- ◆ Joining the register is free of charge.
- ◆ Potential employers can see your profile at any time.
- ◆ You can say where and when you would like to work.
- ◆ Employers will know you have met our high quality standards.
- ◆ You will be provided with a PA handbook and other information to support you.
- ◆ Being on the Approved PA Register does not stop you looking for other work or holding other jobs (e.g. if you work part-time but you would like more hours).
- ◆ You can take yourself off the Approved PA Register at any time (e.g. if you find a job).

All PAs must be approved to go on the register. This does mean that you will need to meet certain standards and maybe do some training. For the potential employer, they will have peace of mind that we have approved all PAs, making this register an appealing option.



Applying to be on the register is easy; simply e-mail Penderels Trust at derbyshireapprovedpa@penderelstrust.org.uk, call Penderels Trust on 0845 6000 683 or go to the Derbyshire County Council website and apply online (www.derbyshire.gov.uk/approvedpa).

It is important to note that you will not be employed by Derbyshire County Council or Penderels Trust, your employer will be the person you support.

The Police and Crime Commissioner's Alcohol Summit

Alcohol Summit on **Thursday 27th June 2013, 10am - 4 pm at The Post Mill Centre, South Normanton.**

Throughout the course of the day keynote speakers will be considering the strategic direction which will effectively tackle alcohol crime and harm in Derbyshire in the following areas:

- Effective integrated working between Trading Standards and Licensing
- Public Health Responsibility Deal
- Implementation of the Cardiff Model
- Costs and Benefits of the Nighttime Economy - a strategic way forward
- Early Night Economy and the Single Punch Campaign

- Maximising the use of Alcohol Treatment Requirements
- Harm Minimisation for Adults

Your attendance and contribution will help to shape the strategic delivery of Objective Six of the Police and Crime Plan. There will be opportunities to provide your views on all agenda items and the day will conclude with a Question and Answer session involving our Panel of keynote speakers.

A full agenda for the day will be issued shortly.

Please book your place as soon as possible by emailing pccoffice@derbyshire.pnn.police.uk or calling 0300 122 6000.

NEWS AND INFORMATION

How was your Christmas? Are you still paying for it?

Then why not be a savvy saver this year?

By planning early you can avoid taking out expensive loans to cover the cost. If you are realistic about what you are going to need for Christmas 2013 and stick to a budget - you can save money in the long run.

To help you do this we have come up with useful options for you to consider.

The quicker you take action and start putting money aside - the more you will be able to save in time for Christmas.

How to decide the best savings options

First of all, you need to think about what's important to you. For example, you might want to be able to stop yourself from accessing your money before the run-up to Christmas, or you might prefer vouchers to cash.

Important questions to ask yourself are:

- Would it be better for you to be unable to dip into your savings before Christmas?
- Do you mind being restricted on where you can spend your savings? (Some

schemes mean you are tied to certain suppliers).

- Would you prefer to be given vouchers in exchange for your cash at the end of the savings period?
- Do you want to have the money collected from your home?
- Do you want your money to be protected if the scheme goes bust?

Saving with your local Credit Union

You might want to consider saving with your local Credit Union. Credit Unions are not for profit, Financial Co-operatives run by their members and offer safe savings and loans.

You can save as much or as little as you want as often as you want and can then draw out your savings and spend the cash wherever you want. Any savings are protected by the Financial Services Compensation Scheme. Please note, Credit Unions also provide free life insurance (conditions apply).

For more information visit www.erewashcreditunion.org.uk or telephone 0115 932 9493

Online Loan Shark Survey Launched

The England Illegal Money Lending Team as part of an online survey will be encouraging people to think about loan sharks and what they would do if they were a victim.

The Team will use the survey to see how aware people are of the dangers of loan sharks, and how many people would know if they or someone they knew was being targeted.

The survey encourages people to report the crime if they have been a victim and asks people what their preferred method of communication would be- via phone, text or email.

It provides an opportunity for anyone who believes a loan shark may be operating to leave details and report the crime.

The information will be collated, published and used to improve the ways in which the Team engage with communities. One participant will be chosen at random will receive a £20 voucher.

To take part visit www.surveymonkey.com/s/G7RC5WX before Saturday 1st June 2013.

We would urge anyone who knows of a loan shark operating to call us on 0300 555 2222. Our lines are open 24/7 and all calls are treated in confidence.

NEWS AND INFORMATION

Derwent Valley Mills World Heritage Site

The Derwent Valley Mills World Heritage Site (DVMWHS) secured £7,300 from the Heritage Lottery Funding under the All Our Stories programme in November 2012.

The project is focusing on bringing together all the volunteers that work within and around the DVMWHS and to help them understand the significance of the whole of the DVMWHS, and to do this some group visits were planned. The first took 64 volunteers to Ironbridge World Heritage Site so that they could look at how the volunteer programme was managed and the digital technology they were using. This was followed with two whole day visits around the DVMWHS led by Ambassadors who gave a tour of each part to explain its significance.

The next stage of the project is to create a digital application for smartphones and i-pads. In total 4 short films will be produced and each will be 1 minute in length (there will be an introduction to the DVMWHS, and then a film to cover each of the northern, central and southern parts of the WHS). To trigger the films you will need to point the screen of your smart phone or i-pad over the image (which can be on a poster, leaflet, panel etc) and then the video will start. Filming will begin in May and the digital applications will be launched during the Discovery Days Festival at the end of October 2013.



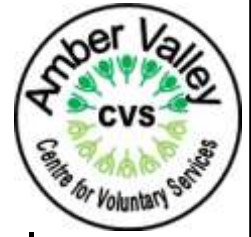
Relate Awarded the eQuality Level 1 Chartermark

Relate Derby and Southern Derbyshire, who work in Derby, Derbyshire and East Staffordshire is delighted to announce they have been awarded the eQuality Level 1 Chartermark. The Chartermark has been awarded to a number of counselling organisations across the UK, by PACE. PACE aims to increase the confidence of LGBT people to access mainstream relationship support, and the Chartermark is a way of identifying organisations who are delivering appropriate and accessible services.

The eQuality project encourages organisations to make proactive efforts to reach out to LGBT people. Good inclusive practice is celebrated through the awarding of the Chartermark. Bev Miller, Centre Director of Relate in Derby, says: "We are delighted to have been awarded the Chartermark. We have, for many years, worked hard through staff training and working in partnership with local organisations, such as Derbyshire Friend and strive to make our services as accessible and helpful as we can. We see many LGBT people of all ages who access our individual, couple and family

counselling services. We hope that we can continue to offer our services to the whole community and that people feel comfortable and confident in accessing those services. We are all about helping people have positive relationships – and that is for everyone."

PACE is London's leading charity promoting the mental health and emotional well-being of the lesbian, gay, bisexual and transgender community. Since 2011 the programme has worked with over 30 organisations including the Tavistock Centre for Couple Relationships, National Family Mediation and Relate centres across the UK. To celebrate the success of organisations who have achieved the Chartermark, Bev Miller will be attending a Parliamentary Reception at the House of Commons, hosted by Emily Thornberry MP on the 25th April, to celebrate the eQuality project and successful organisations who have achieved the Chartermark. Bev says, "We are very excited to have been invited to the House of Commons to receive our Chartermark and meet the other organisations who will also be there."



HELP AT HOME

Maintaining your independence with practical support - Across Amber Valley and Erewash

Now operating in Allestree, Jacksdale, Pinxton, Pye Bridge, Selston, South Normanton, Spondon, Stapleford, Westwood and Surrounding Areas

**Are you or is someone you know, elderly, disabled, or have other needs and require reliable assistance with your Domestic arrangements?
If the answer is yes then we can help!**

What can the service provide?

- Cleaning
- Dusting
- Vacuuming
- Shopping or Accompanied Shopping
- Ironing
- Gardening
- Mowing
- Hedge Cutting
- Tidying Borders
- Fence Painting

**How to access the Help at Home services
Please contact: The Help at Home team.**

Amber Valley CVS, 33 Market Place, Ripley, Derbyshire, DE5 3HA

Tel 01773 512076

AVCVS Help at Home is a non-profit making organisation and is part of the registered charity of Amber Valley CVS

The views expressed in this newsletter should not be taken as Amber Valley CVS policy. Whilst every care is taken to provide accurate information, Amber Valley CVS does not accept liability for any error or omission.