

Community NEWS

from Amber Valley CVS

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VOLUNTEERS' WEEK

Volunteer Celebration

time to say thank you

Amber Valley CVS are currently planning a summer Volunteers Celebration as a "Thank You" to all our volunteers for their hard work and dedication over the last year.

Keep an eye out for more information coming soon!

Are you interested in becoming a volunteer?

Amber Valley Volunteer Centre can help you get close to finding your ideal opportunity!

Just ask yourself:

What do you want to gain from volunteering?

Is it to gain a skill, experience, have fun, a chance to contribute to a cause, help others, try out a new potential work area or build your confidence?

What can you offer?

Can you contribute enthusiasm, work skills, life skills?

How much time do you have?

What type of volunteering would suit you?

Would it be a morning, afternoon, day a week, a one-off period, weekends or school holidays only?

That's where we can help!

**Ask for an Application Pack or visit our website
and start the ball rolling into something new and rewarding!**

We currently have 187 opportunities available

What's Next?

You will receive an invitation to attend an informal meeting at the Volunteer Centre to identify and discuss your individual needs and match you to suitable opportunities.

For more information about opportunities or queries about volunteering issues please contact Amber Valley CVS on 01773 512076.

Volunteer Gardener

Belper Cottage Project provides assistance and support for the people of Belper and its surrounding region .

It is a small, friendly drop-in centre.
As the weather's getting warmer, help is needed to maintain the small cottage garden!
No heavy work is involved, just weeding and planting out. Mowing is done by others.
All equipment is provided as well as a hot lunch!



The volunteer must have a love of gardening and the ability to distinguish between a weed and a flower! We are looking for a sociable individual who is comfortable talking to others and has a good sense of humour and green fingers.

SH, SH - Stop Hiding, Self Harm Self Help Group

Group Facilitators

Our mission is to support anybody who self harms through our self help group.

The group requires enthusiastic and compassionate volunteers who can join the team to assist with the running of the group and supporting people affected by self harm at the following sessions:

- **Chesterfield** - Tuesdays (5.45-7.45pm) at Hope Springs Recovery Centre, Springwell House, Newbold Road, Chesterfield, S41 7PS
- **Derby** - Mondays (6.00-8.00pm) at Rethink Derby, Charnwood Street, Derby, DE1 2GU
- **Ripley** - Thursdays (6.30-8.30pm) at The Croft, Slack Lane, Ripley, DE5 3HF

Typical activities include:

- Discussing techniques for self help tools to reduce self harm
- Facilitating group sessions (E.g. games night)
- Offering one to one support where applicable
- Giving motivation and encouragement to service users + signposting to relevant services

We also need Committee Members

SH, SH needs volunteer committee members who will be part of a friendly team and help in the decision making of our project; whether it is helping in the financial running of the group, promoting our project or taking part in fundraising activities.

Committee meetings will be held in Chesterfield town centre

For more information about opportunities or queries about volunteering issues please contact Amber Valley CVS on 01773 512076.

Strutt's North Mill Volunteer



Strutt's North Mill is an independent museum based in a historic cotton-spinning mill which was powered by the river Derwent. Now tucked behind the landmark red-brick structure that is East Mill, Strutt's North Mill is a centre point in the Derwent Valley Mills World Heritage Site.

Local people and visitors from around the world can learn the story of how the production of cotton thread in Derbyshire, using water power, kick-

started the industrialisation of the whole nation. We are also a visitor information centre and the starting point for a wide range of walks, including tours of the fantastically preserved streets of mill workers' housing in Belper.

Volunteers are the lifeblood of the museum, sharing their knowledge and enthusiasm for history and heritage, for the town of Belper and the surrounding area, the history of the Derwent Valley and the beauty of Derbyshire.

Could you spare a few hours, once or twice a month? We would love you to join us!

Family Club Helper

Langley Mill Family Club needs your support!

The group runs in Langley Mill and regularly show films alongside other activities aimed to engage families in the locality.

They are looking for someone who could assist with the setting up of equipment and various other activities. No specific skills are required though some knowledge of setting up video projection equipment would be helpful.

The group runs monthly on Thursday afternoons usually 3.30pm-5.00pm. Come and lend a hand and make new friends.

For more information about any of these opportunities or queries about volunteering issues please contact Amber Valley CVS on 01773 512076.

The Derbyshire VCI Consortium



The Consortium supports organisations and groups in the voluntary, community and independent sectors that deliver services to children and young people in Derbyshire.

The Consortium brings people together, and while groups and organisations might be small individually, collectively there can be real strength, depth and reach. It doesn't matter how long your service has been running or how big or small your organisation is; if you have the desire to deliver services for Children and Young People, this consortium can help. The Consortium's knowledge of the VCI sector means it is well placed to offer evaluation services for projects, measuring their impact. The unique network of members means they can circulate the learning from those projects across Derbyshire's VCI sector quickly and cost effectively.

The Consortium's aims are simple:

- Be an independent, powerful and prophetic voice for our members
- Identify gaps in provision for children and young people across Derbyshire
- Bring together organisations to develop sustainable and better outcomes for Derbyshire's children and young people
- Assisting VCI groups in Derbyshire to access funding opportunities

For further information please visit www.dvcic.co.uk or email tom.wyke@dvcic.co.uk.

The Southern Derbyshire Health & Social Care Forum Update

The last forum held on 16th April 2014 at Ashbourne saw over 30 representatives from various organisations in attendance. Below is a summary of the presentations given:

The Derbyshire Challenge - Louise Swain from Derbyshire County Council's Stakeholder Engagement Team talked to the Forum about the proposed changes to eligibility and access to Adult Care Services.

Derbyshire Community Health Care Services (DCHS) – Mark Roberts attended to talk about opportunities for DCHS to work more closely with the voluntary sector, specifically in the potential remodelling of the Falls Day Service which operates at Babbington Hospital. Mark is keen to talk to any voluntary sector organisation which has relevant expertise and which might be interested in helping to deliver the service. Contact: mark.roberts@dchs.nhs.uk or Tel: 01335 230047

Review of Voluntary Sector Funding - Derbyshire County Council will be reviewing all Voluntary and Community Sector funding for 2015/16 and have tasked the Health & Wellbeing Board with developing a process by which the review can take place. At the last Health and Wellbeing Board a paper entitled 'Review of VCS Investment' was tabled which details statutory investment in the voluntary sector and recommends the first steps to developing a shared set of priorities and a single commissioning process for investment by statutory bodies in the voluntary sector in Derbyshire. In order to progress this, DCC are holding a workshop early in May to agree a set of principles and priority outcomes. The workshop will be for members of the Health and Wellbeing Board but it has been agreed that the voluntary sector will be represented by members of 3D, (Derbyshire Infrastructure Consortium.)

For more information on this or future forums or please contact 01773 512076



Derbyshire Carers Association

Over the last few months there has been much written about the role of carers. Derbyshire Carers feel that it is very important to make the distinction between paid and unpaid carers.

Everyday unpaid carers provide help and support to people that the state is unable to provide for, keeping people out of our very busy hospitals, out of care homes and as far as is possible helping to maintain their independence in their own home.

There is all too often a price to be paid for this and it is the unpaid carer who pays it with in many cases severe financial consequences and an impact on their own health and wellbeing.

Derbyshire Carers Association recognise that the responsibility of caring for someone who cannot manage at home without help often places great physical and emotional strain upon the carer.

Whether you care for someone for a few hours a week or for 24 hours a day, they can offer you a wide range of confidential and independent services, helping you to care.

They also campaign for better resources, help with planning of services with appropriate agencies, and liaise with organisations with similar aims.



Derbyshire Carers
: 01773 743355



Wilfred Marshall Family Charitable Trust

(Registered Charity Number 1150632)

Persons under 25 who reside in or around Ripley, Derbyshire may apply for financial assistance towards the cost of education or for assistance in preparation for a trade, profession or calling.

All grants are at the discretion of the Trustees and Application Forms for grants can be obtained from the correspondent.

Stephen F Marshall

Correspondent to Wilfred Marshall Family Charitable Trust

c/o Robinsons Solicitors

10-11 St James Court

Friar Gate

Derby DE1 1BT

PLEASE NOTE: ALL APPLICATIONS IN RESPECT OF HIGHER AND FURTHER EDUCATION MUST BE LODGED WITH THE CORRESPONDENT BETWEEN 1ST SEPTEMBER AND 30 OCTOBER IN EACH YEAR

THE TRUSTEES WILL ONLY IN EXCEPTIONAL CIRCUMSTANCES AWARD GRANTS RECEIVED OUTSIDE OF THE APPLICATION TIMEFRAME

Derby & Derbyshire Safeguarding Children Procedures

Derby and Derbyshire Safeguarding Children Board are pleased to announce that the safeguarding children "core" procedures have now been fully revised to incorporate changes identified in Working Together to Safeguard Children 2013.

The information has been updated or re-written to outline the child's journey from early help through to the implementation of child protection plans. The chapters are more child focussed and succinct, highlighting where responses are required to address children's needs.

These revisions are available on

Derby Safeguarding Children Board website www.derbyscb.org.uk and

Derbyshire Safeguarding Children Board website www.derbyshirescb.org.uk



Alfreton's Party in the Park 2014

Groups are being invited to hold a stall at this year's Alfreton Party in the Park which will be held on Sunday 7th September 2014. If weather conditions prevent this, organisers will try to hold the event on Sunday 14th September 2014.



Last year's event saw record numbers of crowds attending and now is your chance to register and be part of the 2014 event.

Stall prices are as follows;

Registered Charity or Small Community Groups £15

Small Trader £35

Other £55

Bookings can be made by contacting Barbara Nunn on 01773 689229 or Email: bcbuxton@talktalk.net



Charles Hill CIC invite local groups and residents to become Associate Members

Charles Hill CIC are inviting local groups and individual members of the public to identify their interest in activity and developments at Charles Hill by registering as a Class C, Associate Member.

In this first year as a Class C, Associate Member the subscription charge is £1 per group, organisation or individual.

This subscription will ensure you are consulted on the development of Charles Hill as a community venue with sport, leisure and environment activity taking part both outdoors and indoors.

Other Benefits to Members will be identified as part of future planning.

If you are a group or organisation and you have an up to date entry of your details on **Community Directory Derbyshire**, your registration will be accepted as a member on completion of parts 1 & 2 of Member Application form and £1.

If you are an individual or group not registered on Community Directory Derbyshire, full contact details will be required when submitting your subscription, as identified on the Member Application Form.

Membership forms can be downloaded from the following link or hard copy can be requested by contacting Amber Valley CVS

www.avcvs.org/documents/CHCIC_Membership.doc

Charles Hill CIC is a Community Interest Company comprising a number of local sports clubs and community organisations, together with Amber Valley Borough Council and Heanor and Loscoe Town Council, aiming to restore the Charles Hill centre off Flamstead Avenue in Loscoe and provide a facility for sport, leisure, environment and community.

Are you looking to start a new **Voluntary Community Self Help Group**, but don't know which way to turn?

Help, Support & Guidance

Training & Development

Advice & Information

Social Enterprise



Amber Valley CVS
Market Place, Ripley, Derbyshire,
DE5 3HA



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www.avcvs.org



twitter.com/avcvs



ambervalleycvs.wordpress.com



facebook.com/avcvs

Amber Valley CVS Can offer

- **Help** - to identify your needs
- **Support** - Volunteer recruitment, HR & Health & Safety
- **Guidance** - Volunteer management and accessing funding
- **Training** - identify needs and assistance accessing these
- **Advice & Information** - Formulating constitutions and policies
- **Development** - Organisational 'Health checks', DBS Service

The views expressed in this newsletter should not be taken as Amber Valley CVS policy. Whilst every care is taken to provide accurate information, Amber Valley CVS does not accept liability for any error or omission.