



August 2015

Amber Valley CVS thank their Befrienders

Amber Valley CVS hosted a War themed event on Wednesday 5th August at Alferton Community Hall, to thank our wonderful Befrienders for the time and commitment they give to help lonely people throughout Amber Valley.

AVCVS staff dressed up in war costumes for the occasion and guests were entertained by local musician Mick Mclarkey who sang old songs and played the guitar and encouraged everyone to join. Guests were given a presentation about the war, then after lunch they were treated to ballroom dancing from volunteers Sandra and Ivan Barker.



Befriending Project Worker for Amber Valley CVS, Kerry Smith said, 'Some of the Befrienders brought their Befriendees along with them for the event which was great as it meant they got out of their house for a change of scenery and to chat to other people'. She added, 'A lot of the time, the only people that these people see and talk to are their Befrienders who visit once a week. With the help of our volunteers, we are trying to prevent social isolation within Amber Valley and we hosted this event to thank our wonderful volunteers and give them the recognition they deserve'.

If you are interested in finding out more information about how to become a Befriender in the area that you live or know someone that would benefit from this service, please contact Kerry Smith on 01773 512076 or email kerrysmith@avcvs.org