

What is the **Befriending** Scheme



Make a difference !



Amber Valley CVS Befriending Service ...

has run since 1998. The aims of the service are to provide companionship and support for socially isolated people.

What does a befriender do?

- Visit someone once a week
- Provide companionship and support

What support do we offer the Befriender?

- Free Training
- Travel expenses
- Regular phone calls
- Newsletter



“No special qualifications are required to volunteer, just the ability to listen and to show an interest in someone else’s life”

We recognise that social isolation can occur for a variety of reasons and accept referrals for people who are elderly, have learning difficulties or a mental health problem.

Referrals are made to the scheme by :

- A professional involved in the care of the person, e.g. social worker, care worker, doctor or a family member.
- A representative of a voluntary organisation.

What next ?

All volunteers for the befriending scheme are asked to provide the names and addresses of two referees and details for a DBS (Police) Check. They are then interviewed and invited to attend a befriending training course, which is for 2hrs a week, split over 4 weeks. The training course prepares the volunteer to befriend.

If you would like to know more about the scheme, either to volunteer to be a befriender or to refer somebody, please contact **The Volunteer Co-ordinator** at the address on reverse of this leaflet.



Last updated 24.04.12

Office Hours

Monday-Thursday 9am-4.45pm

Friday 9am-4.15pm



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