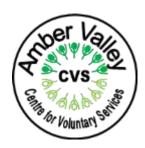
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Last updated 24.04.14

Office Hours

Monday-Thursday 9am-4.45pm Friday 9am-4.15pm





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Why Volunteer









Why Volunteer Why Volunteer Why Volunteer Why Volunteer





Have you thought about volunteering?



Whether it is:

- Helping at conservation events
- Sports
- Befriending
- Social groups for older people
- Family support groups
- Organising or helping on trips
- Getting involved in tourist and heritage groups
- Information and advice opportunities
- Computer and IT skills or
- Working in charity shops

There is something for everyone!

Rewards Offered...

Volunteering can be most rewarding, giving you an opportunity to put something back into your local community and giving you the chance to:

- Use and improve your skills and experience
- Meet new people
- Improve your confidence
- Be valued for what you can offer

And even get a reference towards that new job!

Volunteering should not affect your benefits

Whatever spare time you have

to contribute there is an organisation just waiting for you!



Why Volunteer Why Volunteer Why Volunteer Why Volunteer

